

# Kansas Association of Sleep Professionals



## Annual Conference October 11-12, 2019

### *Course Description*

The Kansas Association of Sleep Professionals conference will provide health care professionals working in the field of sleep medicine, strategies and best practices for improving the health care of patients.

### *Target Audience*

Sleep technologists, physicians, advanced practice nurses, nurses, respiratory therapists, and other allied health care specialists.

### *Objectives*

At the completion of this conference, participants should be able to:

- Recognize the importance of sleep for health, well-being, and public safety, and their role in promoting the most up-to-date sleep medicine services.
- Evaluate the skills necessary to accurately assess sleep patients.
- Discuss clinical situations when collaborative care is required with a sleep disorders specialist.

### *For Additional Information*

Contact KU Area Health Education Center at (620) 235-4040.

### *Cost*

\$150 if registered by October 1, 2019 (\$175 thereafter)

Pre-registration is your only guarantee of space and lunch. **Only at-door registrations will be accepted (if space is available) after October 7, 2019.** Registrations will not be processed until payment is received. Payment via credit card (VISA, MasterCard, Discover and American Express) is the only payment method accepted.

### *How to Register*

Visit [www.eeds.com/live/404139](http://www.eeds.com/live/404139)

For assistance with registration, please contact the KU Area Health Education Center at (620) 235-4040.

### *Cancellation*

A registrant may cancel no later than **October 8, 2019** to receive a refund, minus a \$15.00 administrative fee. After that time, no refunds are made. The sponsors reserve the right to cancel this program in the event of insufficient registration. The sponsors will not be responsible for any losses incurred by registrants, including but not limited to airline cancellation charges or hotel deposits.

### *Conference Hotel Information*

Hyatt Regency Wichita - 400 W. Waterman, Wichita, KS 67202      **Phone:** (316) 293-1234

**Room Rates:** \$107 - per night for queen room

*Sleeping room rates will be offered to attendees, based on availability of contracted rooms.*

**Group Name:** Kansas Association of Sleep Professionals

**To book a room online visit:** <https://www.hyatt.com/en-US/group-booking/WICRW/G-KSSP>

**To book a room over the phone:** Call the reservation team at (800) 233-1234

**Group rate expires Sept. 20, 2019**

# Agenda

Friday, October 11, 2019

- 8:00 - 8:45 a.m. **Registration**
- 8:45 - 9:00 a.m. **Welcome and Announcements**
- 9:00 - 10:00 a.m. **Updates from the American Academy of Sleep Medicine**  
*Thomas Heffron; Senior Director of Marketing and Communications, American Academy of Sleep Medicine*
- 10:00 - 10:15 a.m. **Break**
- 10:15 - 11:15 a.m. **Advances in OSA Management: Treatment of Positional OSA**  
*Andrew Blancas, CRT, RPSGT; Territory Manager, NightBalance Western US, Philips Respironics*  
*Please note: CME and CNE credit are not applicable for this session.*
- 11:15 - 12:15 p.m. **Augmentation in RLS: The Treatment Can Be Worse Than the Disease**  
*Suzanne Stevens, M.D.; Clinical Assistant Professor, Dept. of Neurology, University of Kansas Medical Center*
- 12:15 - 1:45 p.m. **Lunch**
- 1:45 - 2:45 p.m. **New Medications for Hypersomnia**  
*Suzanne Stevens, M.D.*
- 2:45 - 2:55 p.m. **Break**
- 2:55 - 3:55 p.m. **Sleep Apnea and Neurocognitive Function-An Opportunity for Prevention**  
*Michael W. Anderson, Ph.D., FAASM*
- 4:00 - 5:00 p.m. **Alternative and Complimentary Medicine: The effects of THC, CBD oil, and Other Available Products on Sleep and Breathing - What Do We Really Know and How Should We Advise Our Patients?**  
*Moderated by Michael W. Anderson, Ph.D., FAASM; Kansas Pulmonary and Sleep Specialists*

Saturday, October 12, 2019

- 8:00 - 8:45 a.m. **Registration**
- 8:45 - 9:00 a.m. **Announcements**
- 9:00 - 10:00 a.m. **The Sleepy Teen**  
*David Ingram, M.D.; Sleep Physician, Children's Mercy Hospital*
- 10:00 - 10:15 a.m. **Break**
- 10:15 - 11:15 a.m. **Childhood Parasomnias**  
*Juan Jose Vizcaino, M.D.; Internal Medicine and Pediatrics*
- 11:15 - 12:15 p.m. **We've Got You Covered? Understanding Coverage Criteria**  
*Chris Teague, RPSGT, RST; Lead Sleep Technologist, Ascension Via Christi Sleep Center*
- 12:15 - 1:15 p.m. **Sleep Apnea and the Cardiovascular Comorbidities**  
*Phil Dukes; VP, Sleep & Clinical Sales, Itamar Medical, University of Houston*  
*Please note: CME and CNE credit are not applicable for this session.*

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## October 11-12, 2019

Hyatt Regency Wichita

400 W. Waterman, Wichita, Kansas, 67202

### *Continuing Education Credit*

All participants requesting continuing education credit or a certificate of attendance must complete documentation of attendance and evaluation form online within the timeframe noted.

**Physicians:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The University of Kansas Medical Center Office of Continuing Medical Education and Kansas Association of Sleep Professionals. The University of Kansas Medical Center Office of Continuing Medical Education is accredited by the ACCME to provide continuing medical education for physicians.

The University of Kansas Medical Center Office of Continuing Education designates this live activity for a maximum of 8.0 *AMA PRA Category 1 Credit(s)*<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Continuing education credit will be issued according to documented attendance.

**RT:** The University of Kansas Hospitals CEU Evaluator, has approved this program for a maximum of 10.0 hours of Respiratory Continuing Education on behalf of the Kansas Respiratory Care Society, a chapter society of the AARC. Providership #KRCS 007.

Continuing education credit will be issued according to documented attendance.

### *Program Accessibility*

We accommodate persons with disabilities. Please call (620) 235-4040 or mark the space provided on the registration form and a KU Medical Center AHEC continuing education representative will contact you to discuss your needs.

**Advance Practice Nurses/Nurses:** The University of Kansas Medical Center Area Health Education Center East is approved as a provider of CNE by the Kansas State Board of Nursing. This course offering is approved for 9.6 contact hours applicable for APRN, RN, or LPN relicensure. Kansas State Board of Nursing provider number: LT0056-0749. Mary Beth Warren, MS, RN, Coordinator.

**Nursing attendance requirement:** Credit will be awarded based upon documented attendance at individual presentations. Individual presentations must be attended in their entirety to claim credit.

**AAST:** Credit application has been made to The American Association of Sleep Technologists.

All other attendees will receive a certificate of attendance.

Please Note: **All participants requesting continuing education credit must complete documentation of attendance and evaluation form online.** The link, instructions, and deadlines for completion will be distributed at sign-in on October 11 and 12, 2019.

Continuing education certificates will also be available online. Participants completing the documentation of attendance online will be notified via e-mail when the certificates are available.

### *Nondiscrimination Statement*

The University of Kansas prohibits discrimination on the basis of race, color, ethnicity, religion, sex, national origin, age, ancestry, disability, status as a veteran, sexual orientation, marital status, parental status, gender identity, gender expression and genetic information in the University's programs and activities. The following person has been designated to handle inquiries regarding the non-discrimination policies: Director of the Office of Institutional Opportunity and Access, IOA@ku.edu, 1246 W. Campus Road, Room 153A, Lawrence, KS, 66045, (785)864-6414, 711 TTY.