

Maria J. LaPlante, MD

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Education

Fellowship:	Underserved Dermatology Fellowship University of Texas Health Science Center at San Antonio Department of Family and Community Medicine San Antonio, TX	7/2014 – 7/2015
Residency:	Stanislaus Family Medicine Residency Program University of California-Davis Modesto, CA	7/2006 – 6/2009
Medical:	University of Virginia School of Medicine, M.D. Generalist Scholar Charlottesville, VA	8/2002 – 5/2006
Undergraduate:	James Madison University, B.S. Biology & Spanish Honors Scholar Harrisonburg, VA	8/1998 – 5/2002

Practice Experience

Family Medicine Physician with a practice focus in Dermatology 12/2017-present
Valley Health
Front Royal, VA

- Initiated and served as the sole service line for treatment of skin disease within the Valley Health system

- Evaluation with medical and surgical treatment of acute and chronic dermatologic conditions for patients of all ages in a Rural Health Clinic (RHC) with limited access to dermatologists
 - Common conditions treated in this population include: basal cell carcinoma, squamous cell carcinoma, melanoma, psoriasis, hidradenitis suppurativa, atopic dermatitis, tinea, drug eruptions, contact dermatitis, acne vulgaris, alopecias
 - Uncommon conditions diagnosed in this population include: extramammary Paget's disease, cutaneous B-cell lymphoma, cutaneous T-cell lymphoma, vulvar squamous cell carcinoma, sarcoidosis, discoid lupus, drug-induced lupus, morphea, bullous pemphigoid, mucous membrane pemphigoid, linear IgA bullous dermatosis, dermatitis herpetiformis, dermatomyositis, pityriasis rubra pilaris, *Mycobacterium marinum* infection
- Medical management of skin disease including biologics (TNF inhibitors, IL-12/23 antagonists, IL-17 antagonists, IL-23 antagonists, IL-4/13 antagonists), methotrexate, hydroxychloroquine and isotretinoin
- Surgical treatments including excision of benign and malignant skin neoplasms, intralesional injections, cryotherapy, electrodesiccation and curettage, derroofing of hidradenitis suppurativa
- Consultation and referral resource for physicians and advanced practice providers across primary care and other specialties
- Teaching family medicine residents from the Shenandoah Valley Family Practice Residency for their dermatology rotation since 2019, including teaching dermoscopy and basic skin procedures

Assistant Professor

8/2015 – 10/2017

West Virginia University Medicine, Eastern Division
 Department of Family Medicine
 Ranson, WV

- Evaluation with medical and surgical treatment of acute and chronic dermatologic conditions for patients of all ages in a region with limited access to dermatology
- Dermatologic procedures: excision of benign and malignant skin neoplasms, intralesional injections, cryotherapy, electrodesiccation and curettage
- Dermatology consultation and referral resource for primary care physicians and advanced practice providers
- Full-spectrum outpatient primary care services for patients of all ages

- Primary care procedures: colposcopy, joint injections, tendon sheath injections, endometrial biopsy, IUD insertion/removal and Nexplanon insertion/removal
- Teaching for medical students and family medicine residents

Family Medicine Dermatology Fellow

7/2014 – 7/2015

University Health System Skin Clinic
San Antonio, TX

- Fellowship training experience with an emphasis on practice-based learning of medical and surgical treatment of dermatologic conditions for medically underserved patients seen at the Skin Clinic
- Training in medical treatment included biologics, methotrexate, and isotretinoin, among other treatments
- Training in surgical treatment included excision of benign and malignant skin lesions
- Participation in the twice-weekly dermatology and dermatopathology didactic sessions with the university dermatology residents

Locum Tenens Physician

5/2014 – 6/2014

Valley Health Urgent Care
Front Royal, VA and Winchester, VA

Temporary position treating patients for acute illnesses and conditions in an urgent care setting

Family Medicine Physician

12/2009 – 4/2014

Healthworks for Northern Virginia, Federally Qualified Health Center
Leesburg, VA

- Full-scope family medicine in a community health center serving a majority Spanish-speaking and multi-cultural immigrant population
- Performed inpatient obstetric deliveries and newborn rounds, outpatient prenatal care, and newborn through geriatric primary care
- Created and led a group smoking cessation program in English and Spanish

- Procedures included colposcopy, joint injections, tendon sheath injections, endometrial biopsy, IUD insertion/removal
- Family medicine community preceptor for VCU medical students' family medicine rotation

Locum Tenens Physician

9/2009 – 11/2009

La Clínica del Pueblo
Washington, DC

Temporary family medicine position at a Federally Qualified Health Center in Washington, DC serving a primarily Spanish-speaking patient population

Publications

- LaPlante M, Usatine R. ‘Scarring alopecias: Discoid lupus erythematosus’ and ‘Parasitoses: Cutaneous larva migrans’ in Errichetti E, et al, *Clinical and Dermoscopic Atlas of Nonneoplastic Dermatoses*. Springer, 2023.
- LaPlante M, Usatine R. ‘Sun damage and skin cancer prevention’ in Usatine R, et al, *The Color Atlas and Synopsis of Family Medicine, Third Edition*. pp 1064-1071, McGraw-Hill, 2018.
- LaPlante M, Usatine, R. “A resolving rash on the breast.” *Am Fam Physician*. 2016 Feb 15;93(4):297-298.
- LaPlante M, Usatine, R. “Acute onset of polyarthralgia and skin plaques.” *Am Fam Physician*. 2015 May 15;91(10):723-724.

Presentations

- “Tips and tricks for biopsies, abscesses and cysts.” Dermatology workshop for the Virginia Academy of Family Physicians Winter Meeting. Upcoming January 2026.
- “Dermoscopy and shave biopsy workshop.” Presented with Dr. Stephanie LaFave at the Virginia Academy of Family Physicians Winter Meeting. January 2024.
- “Dermatology pearls for primary care.” CME presentation for Valley Health primary care clinicians. June 2023.

- “Introduction to dermoscopy.” Valley Health Medical Center Grand Rounds. January 2021.
- “Nevi and melanoma,” and “Update on acne treatment.” Presentations for the Primary Care Conference at Fort Eustis. July 2017.
- “Update on acne treatment.” Presentation for the WVU School of Medicine-Eastern Division Faculty CME. April 2017.
- “Introduction to dermoscopy.” Presentation for the WVU School of Medicine- Eastern Division Faculty Development Sessions. March 2016.
- “Psoriasiform Dermatitis.” Presentation at City-Wide Dermatology Grand Rounds hosted by UTHSCSA Dermatology. April 2015.

Certifications

- ABFM Board Certified, July 2009, continuous certification since January 2019
- Basic Life Support for Health Care Providers, November 2013, renewed May 2025

Licenses/DEA registration

- Virginia State Medical License. Active. Issued August, 2009
- Texas State Medical License. Active. Issued January, 2015
- West Virginia State Medical License. Inactive. Issued May, 2015
- DEA. Active. Issued September, 2008

Foreign Languages

Spanish, professional proficiency

Community Service

- Sinclair Health Clinic physician volunteer, treating dermatologic conditions in patients who are uninsured or underinsured, monthly, 3/2024 – present
- Medical brigade to Intibucá Honduras, physician volunteer providing primary care services in coordination with VCU and the Honduran organization Shoulder to Shoulder, 11/2024
- Coach for BRYSA U6-U8 recreational youth soccer teams, 8/2019 – 6/2024
- Precepting of UTHSCSA medical students for the student-run free clinics, 7/2014 – 7/2015

- Hospitalito Atitlán, Guatemala, resident physician volunteer providing inpatient and outpatient primary care including obstetrics, 2/2008
- Centering pregnancy, volunteer resident physician facilitator for group prenatal care for both English and Spanish-speaking groups, 3/2008 – 10/2008
- Coach for SOCA U13 girls recreational soccer team, 8/2003 – 6/2004
- Coordination of tour of JMU campus for students from the Virginia School for the Deaf and the Blind, 10/2001
- Volunteer Spanish interpreter, Arlington health center, 6/1999 – 8/1999

Honors, Distinctions and Leadership

- Physician Advisory Group, Valley Health, Summer 2019 – June 2023
- Medical Director, Leesburg office, Healthworks for Northern Virginia, April 2013 – April 2014
- Generalist Scholars Program, 2002-2006. Research Thesis: “The Role of Lay Health Workers in San Pablo de Heredia, Costa Rica.”
- Program Coordinator for Discursos de Español Médico, Fall 2003 - Spring 2004
- American Medical Association Vice-President of Curriculum, 2003
- Excellence in Biology, College of Science and Mathematics, 2002
- Virginia Academy of Science Annual Meeting Honorable Mention, 2001. Research presentation: “Brief electrical stimulation of the foot of the neonatal rat induces a permanent increase in adult pain sensitivity.”
- Madison Honors Club Exemplary Service Award, 1999
- Honors Program, James Madison University, 1998-2002

Professional Memberships

- International Dermoscopy Society, Spring 2018 - present
- American Academy of Family Physicians, Fall 2002 - present
- Virginia Academy of Family Physicians, December 2009 - present