

Equity in Mental Health on Campus





About

The Steve Fund partners with higher education institutions through the Equity in Mental Health on Campus initiative to transform the climate, policies, programs, and services to promote best practices to protect the mental health and emotional well-being of students of color.

INSTITUTIONAL PARTNERS WILL:

- Establish the mental health of students of color as a campus-wide priority;
- Equip and prepare trauma-informed campus leaders to create trust with the campus community and maintain a welcoming and culturally inclusive environment;
- Better understand the mental health concerns of students of color and identify students' strengths to maintain their emotional well-being;
- Effect positive change in the knowledge, attitudes, and beliefs of faculty, staff, and administrators;
- Catalyze change on the campus climate, policies, programs, and services that impact the mental health and well-being of students of color;
- Join a “community of action” to share responsibilities, build knowledge, make investments, innovate, and learn from each other.

18-MONTH INSTITUTIONAL COMMITMENT

TEAM FORMATION

Create a diverse campus team.

NEEDS ASSESSMENT

Conduct a campus-specific needs assessment and gather existing institutional data.

ACTION PLANNING

Develop campus-specific, actionable, and measurable goals to address students' mental health and emotional well-being.

CAMPUS ACTION

Develop or refine campus policies, programming, or practices with the support of Steve Fund experts and coaches.

EVALUATION & SUSTAINABILITY PLANS

Evaluate the process, identify achievements, and develop plan for next steps and sustainability.

COMMUNITY OF ACTION

The Steve Fund provides professional development and opportunities to engage with leaders and professionals within and across campuses.

Equity-Minded Campus Coaches

MENTAL HEALTH

Campus coaches are knowledgeable about the mental health and emotional well-being of students of color and work with campuses to identify strengths and areas of growth on campus mental health programs and services.

DIVERSITY, EQUITY, & INCLUSION

Campus coaches adopt a racial-trauma informed lens and work to compliment campus efforts on diversity, equity, and inclusion.

HIGHER EDUCATION

Campus coaches understand the complexities within higher education, particularly how to leverage and coordinate different campus units and how to work towards change on campus.

STRATEGIC PLANNING

Campus coaches are well-equipped to support campuses through the planning and action steps to improve campus climate, policies, programs, and services.

Campus Needs Assessment

CAMPUS DATA TOOLKIT

An inventory of existing institutional (formal and informal) data on students of color and student mental health

CAMPUS RACIAL NARRATIVE IN THE CONTEXT OF MENTAL HEALTH

Narratives on the legacy of race and racism on campus and the current campus social, cultural, and political context. This also includes the knowledge, attitudes, and beliefs about students of color.

EXPERIENCES OF STUDENTS OF COLOR AND THEIR MENTAL HEALTH

Listening sessions and survey

Latest Research & Best Practices

The Equity in Mental Health on Campus initiative is grounded in the latest research and best practices to respond to student mental health needs. This includes the Equity in Mental Health Framework – a framework developed in collaboration with the JED Foundation for colleges and universities to strengthen their mental health support and programs for students of color – and The Steve Fund’s Crisis Response Task Force report which situates student experiences in the time of COVID-19 and racial injustice movements.

For more information please visit www.stevefund.org

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