

STUDENT ACCESSIBILITY AND MENTAL HEALTH SERVICES: LEVERAGING A RELATIONSHIP FOR COLLABORATIVE ADVOCACY

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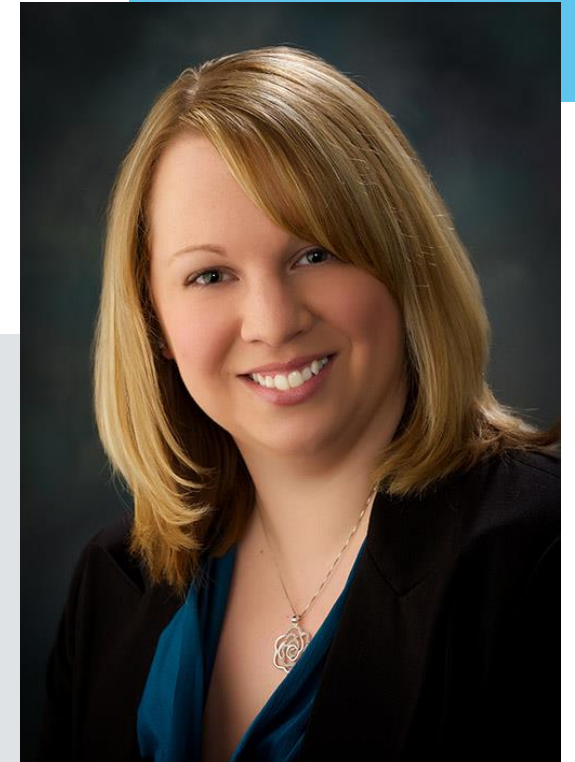
INTRODUCTIONS



HISTORY OF OUR WORKING RELATIONSHIP

We began at the Stark
campus...

...and it continues through
position and campus changes!



HISTORY OF OUR WORKING RELATIONSHIP

System and structural relationships at the university level

Created or maintained

Campus Mental Health Coalition (CMHC)

All system SAS meetings

Regional campus mental health clinician meetings

Individual campus relationships

WHY THE RELATIONSHIP IS IMPORTANT



Process
management/navigation
with students



Cross-training to better
inform students



Diagnostic/documentation
process and referrals



Consultation or assistance
language

WHAT'S THE PAYOFF TO THIS RELATIONSHIP

- Well-informed and appropriately system savvy students
- Enhanced understanding and respect of expectations, responsibilities and roles
- Access to a feedback loop of communication regarding the processes and experiences of the offices
- Reliable partner for systemic advocacy
- Trusted resource and support for your student
- Can help your voice be heard when you aren't there
- The payoff impacts both individual students and the departments

COLLABORATIVE ADVOCACY

Individual student advocacy

- Increased knowledge of and ability to navigate the system
- Increased ability to advocate for themselves utilizing resources and supports
- Running appropriate interference and intervention
- Individual success stories based on student need
- While MOST students will not need both of these services ALL of the time, the ones that do REALLY do



COLLABORATIVE ADVOCACY

Systemic advocacy

- Advocating for each other in meetings we aren't both in
- Asking questions on behalf of each other
- Being able to explain role when not represented
- Communication loop
- Sharing data points and trends to show mental health on campus (neither completely shows the picture but together it's clearer)

TIPS FOR A COLLABORATIVE RELATIONSHIP

- Put in the “face” time and talk directly, not around
 - Schedule it to commit to it!
- Be willing to learn and be cross-trained
- Willing to be open/transparent about processes and expectations
- Confidentiality and privacy understandings to communicate/consult
- Openness for feedback and communication

TIPS FOR A COLLABORATIVE RELATIONSHIP

- Keeping the focus on the students
- Being proactive with the relationship
- Professional respect – differences of license, experiences, and overlap
- Understanding the role of the offices and what each do for students
- Get over it – whatever it is!

QUESTIONS & DISCUSSION



THANK YOU!

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