



OHIO PROGRAM *for*
**CAMPUS SAFETY
& MENTAL HEALTH**
A NEOMED CCoE

Creating Community Wellness:

Equity and Inclusion in Student Mental Health

Creating Healing Spaces for BIPOC Students in Ohio Colleges and Universities Experiencing Racial Trauma.

Racism can be traumatizing for BIPOC students — emerging out of the confluence of historical, cultural, and individual traumatic experiences, that may or may not fit into a traditional PTSD framework. Dr. Brook's vision is to eradicate barriers to quality mental health care for underserved identities and communities has led to platforms, programs, and initiatives that have served and impacted multitudes across states. #Wegotus, Woke-shop, Barbershop Talk "Black Men Mental Health", and Soul Care are a few of her high impact initiatives aimed to champion the cause of social justice and mental health awareness in African American communities. In this presentation, Dr. Calisha Brooks will discuss how to identify racial trauma in students and action steps to create supportive healing spaces.

Learning Objectives:

- Identify signs of common mental health challenges including depression and anxiety related to racial trauma.
- Identify action steps to build supportive healing spaces for BIPOC students.

Link to join:

<https://neomed.zoom.us/j/97175620330?pwd=MHB1QWcwQ0pvQVdNRTJwVEErQStCQT09>

Password: 175276



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