

# ALZHEIMER'S ASSOCIATION®

## The Alzheimer's Association, Hudson Valley Chapter

Serves Dutchess, Orange, Putnam, Rockland, Sullivan, Ulster and Westchester counties.

**Our mission:** The Alzheimer's Association leads the way to end Alzheimer's and all other dementia — by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support.

### **WHAT WE OFFER (All of our programs and services are free!)**

24/7 Helpline- Available 24 hours a day, 7 days a week, 365 days a year. Call **1-800-272-3900** for information, referrals and emotional support, or to register for programs/events.

Website- Visit [www.alz.org](http://www.alz.org) for extensive information about Alzheimer's disease and other dementias. Visit [www.alz.org/hudsonvalley](http://www.alz.org/hudsonvalley) for information about local events.

Care Consultations- Master's-level clinicians help with planning care, connecting to services and managing challenging situations and caregiver stress. We provide one on one consultations by phone, in our offices or in your office or a public location.

Educational Programs- A wide range of free educational programs online and in community locations.

Respite Grants- We offer time away respite grants to help care partners living with the person with the disease with a break.

Social Programs- Music Socials, Memory Cafes, joint enrichment activities and more for people with early to middle-stage dementia and caregivers to get out and socialize in a safe environment. Pre-screening required.

Support Groups- For people with early-stage Alzheimer's or dementia, and caregivers of loved ones with Alzheimer's or other dementia.

Spanish Programs- Care consultations, education programs and materials available in Spanish.

Trial Match- A free tool to connect families to clinical trials [www.alz.org/trialmatch](http://www.alz.org/trialmatch)

### **GET INVOLVED!**

Volunteer Opportunities- We have a wide variety of opportunities to get involved- please visit [www.alz.org/hudsonvalley/volunteer](http://www.alz.org/hudsonvalley/volunteer) to learn more!

Walk to End Alzheimer's- We host five Walks throughout the Hudson Valley. Our walks are in October- Join us! [www.hudsonvalleywalks.org](http://www.hudsonvalleywalks.org)

Do What You Love to End Alzheimer's- Learn how to raise awareness and funds by doing what you love! [www.alz.org/dowhatyoulove](http://www.alz.org/dowhatyoulove)

**24/7 HELPLINE- 1.800.272.3900**



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