



PennState
College of Medicine

Continuing Education



The Annual Leadership and Education in Adolescent Health (LEAH) Adolescent and Young Adult (AYA) Conference



**"Collaborative Models of Youth Centered Care:
Promoting Shared Decision Making and Equity in Health Outcomes"**

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FAST FACTS

The Annual Leadership and Education in Adolescent Health (LEAH) Adolescent and Young Adult (AYA) Conference

C#J6777

Friday, Jan. 28, 2022, 8:15 a.m. – 4:15 p.m.

Internet Live Course

CREDIT

ACCME ACCREDITATION STATEMENT AND AMA CREDIT DESIGNATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Penn State College of Medicine and Mid-Atlantic Regional Society for Adolescent Health and Medicine. Penn State College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Penn State College of Medicine designates this live activity for a maximum of *5.75 AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NURSES USING AMA

Nurses will receive a certificate from Penn State College of Medicine verifying their participation in 5.75 hours of approved continuing medical education. Continuing education activities which are approved by accredited institutions of higher education and that are relevant to patient care or professional nursing meet the requirements of mandatory continuing education for registered nurses in Pennsylvania, as required by the Pennsylvania State Board of Nursing. The Board of Nursing recommends that nurses retain their certificates for a period of at least five years. Additional information is available through the State Board of Nursing website.

DIETITIAN ACCREDITATION STATEMENT

This activity is acceptable for a maximum of 5.5 CPEU credits from the Commission on Dietetic Registration.

SOCIAL WORK ACCREDITATION STATEMENT

Penn State is an approved provider as defined by Pa. Code Sections 47.36(a)(3), 48.36(a)(3), and 49.36(a)(3). Social workers, marriage and family therapists, and professional counselors licensed by the state of Pennsylvania can earn 5.75 clock hours of continuing education for completing this course.

APA

Penn State College of Medicine, Department of Psychiatry, is approved by the American Psychological Association to sponsor continuing education for psychologists. Penn State College of Medicine, Department of Psychiatry, maintains responsibility for this program and its content. Full attendance at the sessions and evaluation of each individual session attended is required to receive CE credit for psychologists. Partial credit will not be awarded. Late arrivals or early departures will preclude awarding of CE credits.

SIGN-IN AND ELECTRONIC EDUCATION DOCUMENTATION SYSTEM (eeds)

To receive CME credit, you must sign in to eeds for attendance.

Go to the eeds website at eeds.com > click the "Sign-In" button > enter sign-in code, **00HOYA**. You can also text the sign-in code to (828) 295-1144. The code expires on **Friday, February 11, 2022, at 4 p.m.** Sign-in is available via iPhone app, Android app, eeds website, or you can use this QR Code:



Please verify that your information is correct in eeds. This information (name, address, email and specialty) is used to print name tags, certificates, create participant lists and send you future activity mailings. We will also use this information to contact you if there are questions about your registration or for last-minute changes/cancellations. Please note that updating your information will help ensure future mailings/communications.

You can access your account information by logging into eeds and clicking on your name in the upper right-hand corner. Then click on your name in the top blue bar, select "edit profile," and enter your password when prompted. Verify and/or update your information.

Non-Penn State Health/External users, please consider using a personal email for your eeds account. Work/Business email addresses can often block or delay communication from us to you regarding your registration.

EVALUATION AND CREDIT CERTIFICATE

Evaluation

A completed evaluation is required to receive credit.

Please complete the evaluation in eeds. The evaluation will be available through **Friday, February 11, 2022, at 4 p.m.** If you do not complete this evaluation during the allotted timeframe, your credit certificate will be delayed, and for Penn State Health employees, your credit record will not be migrated to your Compass transcript.

Credit Certificate

Penn State College of Medicine Continuing Education is using eeds to issue certificates. This electronic education documentation system will give you permanent online access to all of your CME certificates earned through our office.

Your certificate will not be available until you complete the evaluation in eeds. To view and print your certificate, please follow the directions below:

- Log into your eeds account at eeds.com/hp_login.aspx
- From the "Home" menu, click on the "Symposium" link (under the "Home" button) from the menu on the left side of the page
- Select the Symposium event
- Click the "View/Print your Attendance Certificate" option from the conference menu
- Select the number of credits that you are going to claim and then click the "Next" button

HANDOUTS

Handouts are available by logging into your eeds account. Once logged in, your registered activity will be listed under "My Events," and you can click on "Download Course Materials/Handouts."

Please note that we only have posted the presentation slides that have been submitted to us. If additional presentation slides become available, we will post them in the same location.

Handouts are intended for use by the participants of this activity. Unauthorized distribution or use is prohibited. In addition, audio or video recording of any presentation is prohibited.

QUESTIONS?

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DISCLOSURE

Penn State College of Medicine is committed to offering CME programs that promote improvements or quality in health care and are developed free of the control of ineligible companies (formerly known as commercial interests). Reasonable efforts have been taken to ensure that our programs are balanced, independent, objective, scientific and in compliance with regulatory requirements. Faculty and course directors have disclosed all relevant financial relationships with ineligible companies, and Penn State has a process in place to mitigate any conflict of interest. Disclosure of a relationship is not intended to suggest or condone bias in a presentation but is made to provide participants with information that might be of potential importance to their evaluation of a presentation.

Devices or drugs that are still undergoing clinical trials should not be portrayed as standard, accepted therapy. Please consult full prescribing information before using any product mentioned in this activity. If using products in an investigational, off-label manner, it is the responsibility of the prescribing physician to monitor the medical literature to determine recommended dosages and uses of the drugs.

The information presented at this CME program represents the views and opinions of the individual presenters and does not constitute the opinion or endorsement of, or promotion by, Penn State College of Medicine. Each participant must use his/her personal and professional judgment when considering further application of this information, particularly as it may relate to patient diagnostic or treatment decisions including, without limitation, FDA-approved uses and any off-label uses.

The following speaker and planning committee member disclose:

**Sheryl Ryan, MD; Consulting - Best Doctors of America

*Rosemary Claire Roden, MD; Consulting - Organon, Inc.; Homestead Medical Experts

All of the relevant financial relationships listed for these individuals have been mitigated.

The following speakers and planning committee members have no conflicts of interest to disclose:

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*Paul Devine Bottone, MD

*Kenisha Campbell, MD, MPH

**Angela Diaz MD, PhD, MPH

**Ashley Morgan Ebersole, MD, MS, FAAP

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**Virginia Sole-Smith

*Symme Trachtenberg, MSW

**Katherine Yun, MD, MHS

***Planning committee member**

****Speaker and planning committee member**

Penn State Continuing Education staff involved in the planning of this activity have no financial relationships with any ineligible companies relevant to this activity.

Speakers are required to inform the program audience when they are discussing off-label or investigational uses of devices or drugs.

AGENDA

- 8:15 a.m. **Online Check-in**
- 8:45 a.m. **Welcome**
Sheryl Ryan, MD
- 9 a.m. **Keynote Address: The Mount Sinai Adolescent Health Center Model for Accessible, Integrated Care**
Angela Diaz, MD, PhD, MPH
- 10 a.m. **Break**
- 10:15 a.m. **Diet Culture and Adolescents: How Families Can Promote Resilience**
Virginia Sole-Smith
- 10:45 a.m. **Not Just for Health Care: Supporting Youth With Gender Concerns Where They Are From the Start**
Amy K. Keisling, ACSW, LCSW, BCD
Misty L. Knight, PhD
Kanthi Bangalore Krishna, MD
- 11:30 a.m. **Break**
- 11:45 a.m. **Health Inequities and Anti-Racism: Improving Adolescent Health**
Margaret Larkins-Pettigrew, MD, MEd, MPPM, FACOG
- 12:15 p.m. **Lunch Break**
- 1:15 p.m. **Breakout Sessions**
- Depression and Anxiety in Youth: Medication Issues and Treatment Strategies in the Primary Care Setting**
Lidija Petrovic-Dovat, MD
- Collaborative Care in Adult Severe, Enduring Anorexia Nervosa: When Recovery is Not the Goal**
Lauren Bailey, MS, RD, LDN, CNSC
Kristina Newport, MD, FAAHPM, HMDC
Jennifer Rudolf, LPC, ATR-BC
- 2 p.m. **Break**
- 2:15 p.m. **Use of E-Cigarettes and Vaping in Teens and Young Adults**
Sheryl Ryan, MD

3 p.m.

Hot Topics

The Other Pandemic: How COVID-19 Impacted the Educational Attainment of Underserved and Marginalized Groups

Nigena Livingston, MEd

Confidentiality in Telemedicine

Ashley Morgan Ebersole, MD, MS, FAAP

Developing School-Based Strategies to Address Racial Microaggressions: Listening to the Voices of Adolescents

Stephen S. Leff, PhD

Rui Fu, PhD

Ann Perepezko, MSW, LSW

Caring for Newcomer Adolescents and Youth

Katherine Yun, MD, MHS

4:15 p.m.

Closing Remarks

Rosemary Claire Roden, MD

Jennifer Shook, MD

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KEYNOTE SPEAKER

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Dean of Global Health, Social Justice and Human Rights
Professor, Jean C. and James W. Crystal
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