


Update in NM medicine: Making sense of Antisense and other genetic/immunotherapies

William Jens, DO, Comprehensive Neurology
James Grogan, MD, Neuromuscular Medicine
Pennsylvania State University-Milton S. Hershey Medical Center
Wjens@pennstatehealth.psu.edu




Session Learning Outcomes


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Children's Hospital

By the end of this lecture, attendees will be able to:

- Review emerging landscape of targeted therapeutics for genetic neuromuscular disorders
- Discuss practice-relevant issues including access disparities, cost, regulatory burden, and expectations
- Facilitate conversation with neurologist colleagues when sharing and discussing patients with neuromuscular disorders
- Review emerging immunosuppressive and immunomodulating medications in NM




Genetic treatments 1.01




- Expanding knowledge over the last 40 yrs
- Dystrophin/DMD first sequenced 1987, since then 1000+ genes linked to NM disorders
- Two main types of sequencing errors
 - Gain of Function- change in sequence resulting in change in shape or overexpression of gene
 - CTG repeats in DMPK for myotonic dystrophy I, SOD1 ALS, etc
 - Loss of function: sequence error leading to nonfunctional protein (stop codons, frameshifts)
 - Duchene's MD with stop codon resulting in inability to produce functional/enough dystrophin (biggest gene)

Amado D et al. The Emerging Landscape of Targeted Therapeutics for Genetic NM disorders, Practical Neurology,22-26 v22n6 (2023)



Compare and contrast Amyotrophic lateral sclerosis and Spinal Muscular Atrophy


Same origin in motor neuron dysfunction
Vastly different diseases and treatments



Spinal Muscular Atrophy as a model

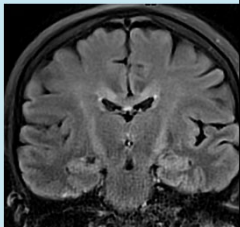
- SMA is a devastating disease of the lower motor neurons, with more severe forms leading to flaccid paralysis and death by respiratory failure in infancy
 - SMA Gene: transcriptional regulation, telomerase regeneration and cellular trafficking
 - AR LOF: both copies of SMN1 gene are “bad” resulting in death of motor neuron cells
 - 1:10,000 births
 - Floppy baby, impaired suck, delayed motor milestones,
 - CPK elevated, EMG myopathic, Biopsy degeneration/replacement; now genetic testing
 - SMA0 (birth)-SMA4 (SMN2 copies)
 - Previously no true treatments (**SMA 3&4 normal lifespan/significant weakness**)
 - **Supportive care, steroids**

Adams & Victor Principles of neurologic Disease, 10th Ed. 2015
<https://www.fda.gov/media/126109/download>



Counter ALS(es) model

- Unknown cause, though approximately 10% is familial and genetic
- Genetic contributions (SOD1, FUS, C9orf72, 40+ identified)
- Pathophysiology: multitude of cellular pathways
 - including altered pre-mRNA splicing, impaired protein homeostasis, nucleocytoplasmic transport defects, glutamate excitotoxicity, mitochondrial dysfunction, increased oxidative stress, impaired axonal transport, and neuroinflammation
- 1-2.6/ 100,000 persons / year
- Progression is continuous with slow, inexorable loss of motor neurons, years, though some genetic forms <1 year
- Dx: Rule out everything else, EMG - denervation, MRI




Talbott <https://pubmed.ncbi.nlm.nih.gov/27637961/>
<https://www.tandfonline.com/doi/pdf/10.1080/21678421.2021.1900259>
<https://radiopaedia.org/cases/amyotrophic-lateral-sclerosis-10?lang=us>



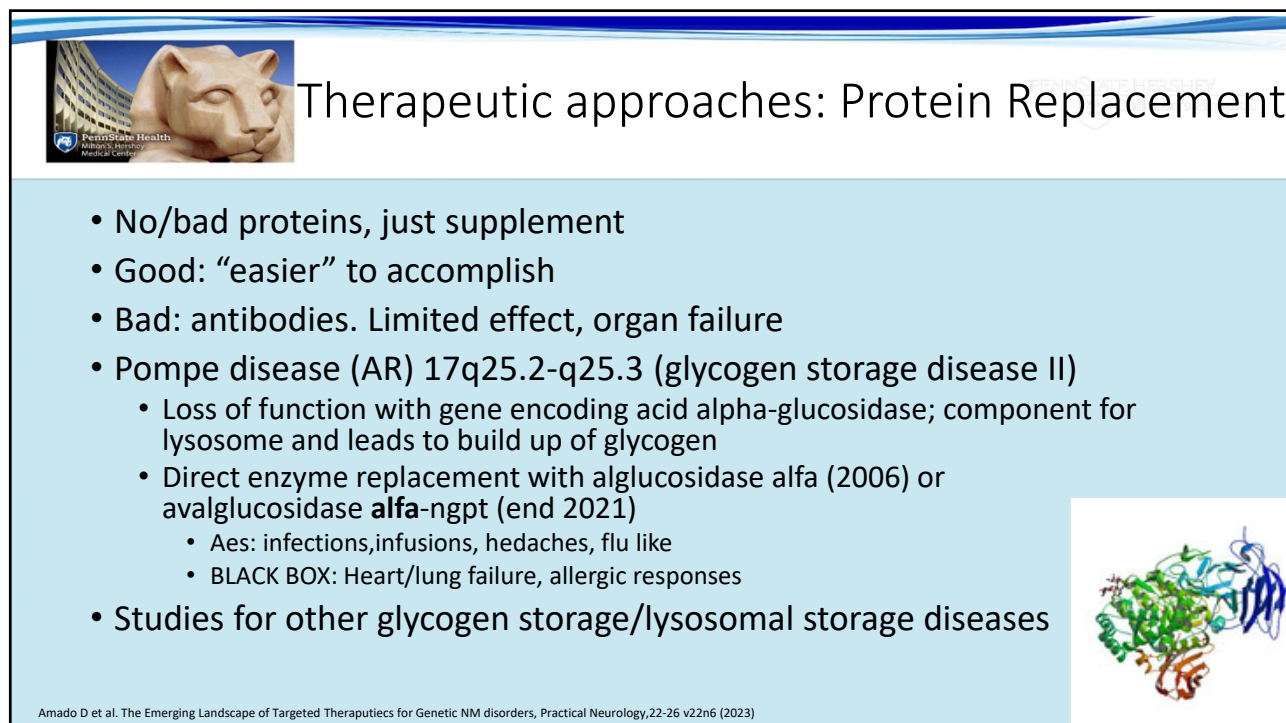
ALS Existing Treatments

- Multidisciplinary clinics
 - Typically involve physical therapists, occupational therapists, speech-language pathologists, dietitians, mental health providers, social work
 - Clinics may also include chaplains, genetic counselors, and palliative care providers
 - Benefits: Survival benefit, specialized care, convenient “one-stop shop”
 - Problem: long visits (often 3-hours or more) can be tiring, expensive to run
- Three FDA-approved therapies existed
 - Riluzole (blocks glutamate excitotoxicity) 1997
 - Edaravone (reduce oxidative stress on motor neurons) 2017
 - Tauroursodeoxycholic acid with sodium phenylbutyrate (limit apoptosis) 2022



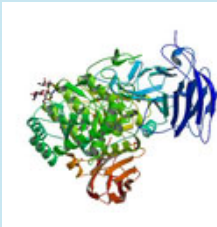
http://webpa.alsa.org/site/PageNavigator/PA_Chapter/Hershey_Clinic/PA_8_Hershey_Clinic_Team.html

Rooney, <https://pubmed.ncbi.nlm.nih.gov/25550416/>
Traynor, <https://pubmed.ncbi.nlm.nih.gov/12933930/>
Riluzole: https://www.accessdata.fda.gov/drugsatfda_docs/label/2016/020599s017bl.pdf
Edaravone: https://www.accessdata.fda.gov/drugsatfda_docs/label/2017/209176bl.pdf




Therapeutic approaches: Protein Replacement

- No/bad proteins, just supplement
- Good: “easier” to accomplish
- Bad: antibodies. Limited effect, organ failure
- Pompe disease (AR) 17q25.2-q25.3 (glycogen storage disease II)
 - Loss of function with gene encoding acid alpha-glucosidase; component for lysosome and leads to build up of glycogen
 - Direct enzyme replacement with alglucosidase alfa (2006) or avalglucosidase **alfa-ngpt** (end 2021)
 - Aes: infections, infusions, headaches, flu like
 - BLACK BOX: Heart/lung failure, allergic responses
- Studies for other glycogen storage/lysosomal storage diseases

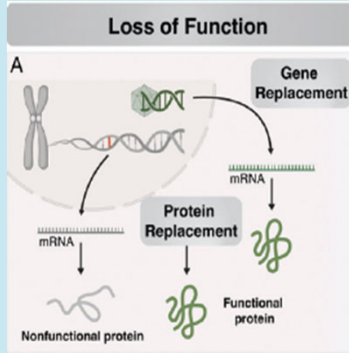


Amado D et al. The Emerging Landscape of Targeted Therapeutics for Genetic NM disorders, Practical Neurology, 22-26 v22n6 (2023)




Therapeutic approaches: Gene “Replacement”

- Loss of Function target: bad gene, supplement gene
- Use vector (often adeno-associated virus) to deliver DNA to target cells **without** integration in genome or replication
- Ex: onasemnogene abeparvovec-xioi, FDA approved 2019
 - AAV9 vector carrying SMN1
 - ½ of patients were sitting independently at 18 months (compared to 0 of control)
 - 97% of patients were free of permanent vent support compared to ¼ of control
- Good: great results for bad diseases
- Bad: limited size of vector, costly, delivery issues, immunologic issues
- Current studies: Giant Axonal Neuropathy (GAN) DMD (small dystrophin)

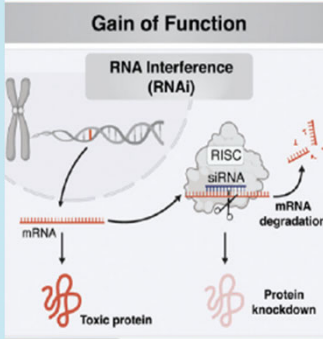


LI C, Samulski RJ. Engineering adeno-associated virus vectors for gene therapy. Nat Rev Genet. 2020;21(4):255-272. doi:10.1038/s41576-019-0205-4
AVX STRIVE-EU/Mercuri <https://pubmed.ncbi.nlm.nih.gov/34536405/>
AVX STRIVEOUS update Day https://n.neurology.org/content/94/15_Supplement/1828




Therapeutic approaches: RNA interference


- Replicates/imitates naturally occurring strategy to reduce gene expression (Gain of function treatment)
- Blocks translation or induces degradation
- Delivery via AAV or Lipid nanoparticles (does not cross BBB)
- Drawbacks: same AAV immune issues, unintended targets, can overwhelm RNAi processing
- Ex: Patisiran, 2018
 - LNP delivered, binding to the RNA-induced silencing complex causing TTR destruction prior to release
- Current Studies: CMT1a (PMP22)



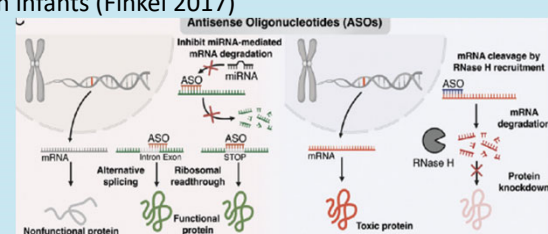
Borel F, Kay MA, Mueller C. Recombinant AAV as a platform for translating the therapeutic potential of RNA interference. Mol Ther. 2014;22(4):692-701. doi:10.1038/mt.2013.285



Therapeutic approaches: ASO



- Antisense Oligonucleotide (ASOs) are short single stranded oligonucleotides designed to compliment/augment mRNA with high specificity, unable to cross BBB
- LOF: induce alternative splicing, skip stop codons, or block microRNA sites to prevent their activity/downregulation
- GOF: Trigger enzyme mediated RNase H destruction of target mRNA
- Ex: (ASO) *nusinersin*, approved by the FDA in 2016
 - Masks splice site to convert SMA2 to SMA1
 - ENDEAR showed improved survival and motor function in infants (Finkel 2017)
 - RISKS: LP risks, stunted growth, headaches, infections
- Current Studies: DMD (5 current drugs)
FSHD (DUX4 suppression), Inotersan (ttr) 2019



Antisense Oligonucleotides (ASOs)

Inhibit miRNA-mediated mRNA degradation

Alternative splicing: mRNA with Intron/Exon, ASO blocks splice site, leading to Nonfunctional protein.

Ribosomal readthrough: mRNA with STOP codon, ASO blocks it, leading to Functional protein.


mRNA cleavage by RNase H recruitment: ASO binds mRNA, RNase H degrades it, leading to Protein knockdown of Toxic protein.

Schoch KM, Miller TM. Antisense oligonucleotides: translation from mouse models to human neurodegenerative diseases. *Neuron*. 2017;94(6):1056-1070. doi:10.1016/j.neuron.2017.04.010


Himeda CL, Jones PL. FSHD therapeutic strategies: what will it take to get to clinic? *J Pers Med*. 2022;12(6):865. doi:10.3390/jpm12060865

Nusinersin Endear trial, Finkel, <https://www.nejm.org/doi/full/10.1056/nejmoa1702752>

Nusinersin Cherish trial, Mercuri <https://www.nejm.org/doi/full/10.1056/NEJMoa1710504>



Therapeutic approaches: Small Molecule

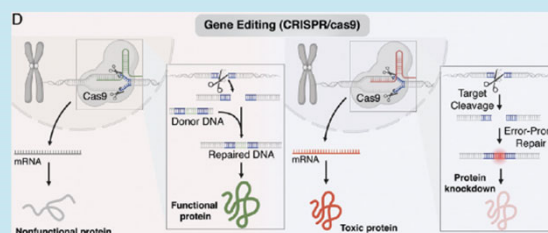


- 0.1-1 kDa molecules that can suppress genes, affect splicing or affect mRNA stability.
- Orally available, lower cost, easier to store, reversible, small (BBB)
- >40% compounds in 2020 for NM diseases were this variety
- LOF: Ex risdiplam 2019, alters splicing SMN2 into SMN1
- GOF: Dolobid/Vyndaqel prevent TTR aggregation



Therapeutic approaches: Gene Editing

- Directed editing of genome via CRISPR
- 2021 clinical trial LNP CRISPR Cas9 on 6 pts with transthyretin amyloidosis – reduced 96%
- Still in infancy: Target issues, immunogenicity, mutations with breaks
- Limitations in Neuro: size, LNPS still not great at passing BBB



Pros & Cons



- Pro: Prolonged life or QOL
- Con: What is the price of life?
 - AEs



Spinal Muscular Atrophy as a model

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- Tremendous cost associated with these treatments and controversies surrounding their FDA review
 - Nusinersin is \$125,000 for each intrathecal injection, given every three months after the initial onboarding
 - The genetic therapy is \$2,100,000 for the single, one-time dose
- The Institute for Clinical and Economic Review reported nusinersin represented “low longterm value for money” measured as cost per quality-adjusted life year
- Other reports suggest the gene therapy may be cheaper in the long run, by being a one-time treatment with reduced downstream costs

<https://icer.org/news-insights/press-releases/icer-issues-final-report-on-sma/>
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7919869/>




ALS genetic treatments


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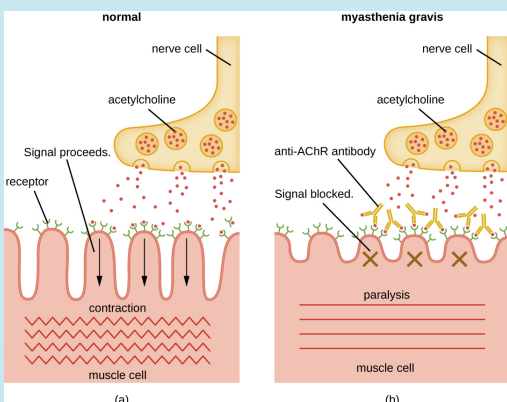
- SOD1 180 unique variants; typical** limb onset, LMD; misfolding SOD1 protein with aggregation in SMN
- RNAi Tofersen, ASO intrathecal injections
 - Induces RNase H-mediated degradation of SOD1 mRNA
 - Had to be treated early, if too late reduced amount of NFL but no effect on survival
 - Risks: 7% meningitis, IH, myelitis
- 15+ studies FUS, C9orf72, SOD1, ATXN2 repeat, STMN2 LOF

Miller, T. M. et al. Trial of antisense oligonucleotide tofersen for SOD1 ALS. *N. Engl. J. Med* 387, 1099–1110 (2022).
Garret, Mark et al. Rise of Genomic Medicine Era in ALS, *Practical Neurology*, 22-26 v22n6 (2023)




Immunotherapies in Myasthenia






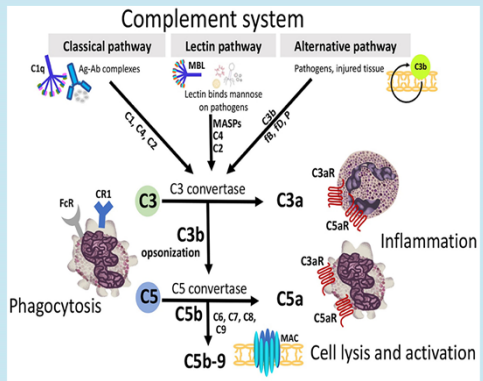
- Myasthenia gravis (MG) is a T cell-dependent, B-cell mediated autoimmune disease caused by antibodies against the **nicotinic acetylcholine receptor** or other components of the post-synaptic muscle endplate at the neuromuscular junction.
- Sx: ptosis, double vision, weakness, dysphagia, SOB
- Old Treatments: immunosuppression




Eculizumab/Ravulizimab (Alexion)



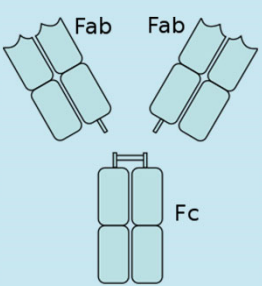
- Recombinant humanized monoclonal antibody against the complement protein C5
- Treats: PNH, NMO, AChR+ MG, HUS
- CHAMPION study 2023:
 - 161pts; 71% reduction in events
- AEs: Headaches>10%, infections (ENCAPSULTED!), HTN



Meisel A, Annane D, Vu T, Mantegazza R, Katsuno M, Aguzzi R, Frick G, Gault L, Howard JF Jr; CHAMPION MG Study Group. Long-term efficacy and safety of ravulizumab in adults with anti-acetylcholine receptor antibody-positive generalized myasthenia gravis: results from the phase 3 CHAMPION MG open-label extension. J Neurol. 2023 Aug;270(8):3862-3875. doi: 10.1007/s00415-023-11699-x. Epub 2023 Apr 27. PMID: 37103755; PMCID: PMC10134722.




Efgartigimod alfa/ Hyaluronidase (ArgenX)




- MOA: antibody fragment that binds to the neonatal Fc receptor (FcRn), preventing FcRn from recycling immunoglobulin G (IgG) back into the blood.
- Treats: AChR+ MG, CIDP
- AEs: Infections, Headaches, numbness and tingling and muscle pain

"Drug Trials Snapshot: Vyvgart". U.S. Food and Drug Administration. 23 May 2023. Retrieved 27 May 2023.




Rozanolixizumab




- MOA: humanized IgG4 monoclonal antibody that binds to the neonatal Fc receptor (FcRN)
- Treats: AChR+ MG and MUSK MG
- AE: Headache, infections, diarrhea, pyrexia, hypersensitivity reactions, and nausea
- MyCaring 2023: -5.4 points and -6.7 points in RYSTIGGO-treated group at $\approx 7\text{mg/kg}$ and $\approx 10\text{ mg/kg}$ dose level, respectively, vs -1.9 points in the placebo-treated group ($p < 0.001$)

Bril V. Efficacy and safety of rozanolixizumab in patients with generalised myasthenia gravis: a randomised, double-blind, placebo-controlled, adaptive Phase 3 study MyCarinG study. Lancet Neurol. 2023;22(5):383-94



Orphan drug status



- Tax incentives
- Exclusivity (enhanced patent protection and marketing rights)
- Research subsidies
- Less expensive to run studies (lower N), lower requirements



THANK YOU!

