

# Liver Transplantation for Malignancy: Who, When, and Why?

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## Disclosures

- I have no financial relationships or disclosures.
- I have no conflicts of interest.

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## Objectives

- Review the current indications and selection criteria for liver transplantation in hepatocellular carcinoma (HCC).
- Discuss emerging evidence supporting liver transplantation for colorectal liver metastases (CRLM), including trial data and patient selection.
- Discuss transplant pathways for Perihilar Cholangiocarcinoma
- Compare transplant with alternative therapies (resection, locoregional therapy, systemic chemotherapy) in malignant liver disease.
- Identify future directions and ongoing controversies in liver transplantation for oncologic indications.

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## Epidemiology and prevention

**Risk factors**

- Liver cirrhosis (80% of patients with HCC)
- Chronic hepatitis B virus (HBV) and hepatitis C virus (HCV) infections
- Alcohol consumption
- Metabolic-associated steatotic liver disease (MASLD), which includes obesity and metabolic syndromes like diabetes
- Smoking
- Dietary exposure to aflatoxin B1 and aristolochic acid – cofactors in patients with HBV infection

**Hepatocellular Carcinoma (HCC)** accounts for 75-85% of primary liver cancers, which is the 3<sup>rd</sup> leading cause of cancer deaths worldwide

- 2% annual risk in cirrhotic patients

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### Barcelona Clinic Liver Cancer (BCLC) Staging System (2022)<sup>1</sup>

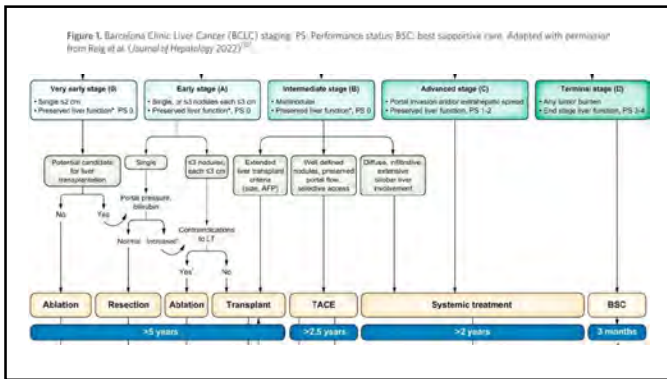
**Table 1. Definitions for Prognostic Groups**

Stage	Definition
Very early stage (0)	• Single ≤2 cm • Preserved liver function, <sup>a</sup> PS 0
Early stage (A)	• Single, or ≤3 nodules each ≤3 cm • Preserved liver function, <sup>a</sup> PS 0
Intermediate stage (B)	• Multinodular • Preserved liver function, <sup>a</sup> PS 0
Advanced stage (C)	• Portal invasion and/or extrahepatic spread • Preserved liver function, PS 1-2
Terminal stage (D)	• Any tumor burden • End stage liver function, PS 3-4

<sup>a</sup> Except for those with tumor burden acceptable for transplant.

NCCN Guidelines

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### Treatment options

- Liver transplantation:**
  - For patients with early-stage HCC who are ineligible for resection.
  - Tumor downstaging may be considered to meet acceptable criteria for transplantation.
- Surgical resection:**
  - Curative treatment of choice for localized HCC without cirrhosis.
  - For patients with cirrhosis, feasibility must be considered in terms of tumor size, liver dysfunction, and degree of vascular invasion.
  - Laparoscopy and robotic assisted resection may be considered in select patients to minimize morbidity.
  - For patients with a high risk of recurrence, adjuvant therapy may be considered following resection or local ablation.
- Local ablative therapy:**
  - Thermal ablation, radiofrequency, and external beam radiation therapy.
- Transarterial chemoembolization (TACE) or transarterial radioembolization (TARE):**
  - Used for liver-localized HCC when curative options are not possible or as a bridge to liver transplantation.
  - Compared to TACE, TARE with yttrium-90 has similar survival but a longer time to progression.
  - Should be considered depending on stage and response to prior treatment.
- Systemic therapies:**
  - Immune checkpoint inhibitors are the preferred first-line therapies.
  - Tyrosine kinase inhibitors can be used in 2nd-line therapy for immune checkpoint inhibitors.
  - Second-line therapies are available as needed.
- Surveillance using multiphasic contrast-enhanced abdominal CT or MRI and chest CT scans:**
  - Advance care planning can help terminal patients receiving palliative care and their caregivers make an informed decision.

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### Liver Resection

Changes of long-term survival of resection and liver transplantation in hepatocellular carcinoma throughout the years: A meta-analysis

Mustafiz Durr<sup>1</sup>, Mustafa B. Schramm<sup>2</sup>, Nikolaus Storz<sup>3</sup>, Dorothea Ellinger<sup>4</sup>, Dominik J. Eich<sup>5</sup>, Blake S. Schiffen<sup>6</sup>, Jackson Ambrose<sup>7</sup>, Ahmad Y. Ballo<sup>8</sup>, Jens Werner<sup>9</sup>, Florian J. Guba<sup>10</sup>

PMID: 3527275 | DOI: 10.1016/j.jhep.2024.101916

The flowchart shows that for early-stage HCC (1 lesion < 2.0 cm, 2-3 lesions < 3 cm), the presence of CTP Class A cirrhosis and portal hypertension determines the treatment path. If both are absent, surgical resection is preferred. If either is present, liver transplantation is the preferred option. For patients with cirrhosis and portal hypertension, a salvage resection may be considered if recurrence occurs within Milan Criteria.

- Curative
- Reserved for:
  - Solitary tumor
  - Well-preserved liver function
  - No significant portal hypertension
- 5-year OS rates of 50-60%
- 5-year DFS is about 35%
- Recurrence rate approaches 70%

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### Child-Turcotte-Pugh Classification

	1 point	2 points	3 points
Encephalopathy	0	1-2	3-4
Ascites	none	slight	moderate
Bilirubin (mg/dL)	<2	2-3	>3
Albumin (g/dL)	>3.5	2.8-3.5	<2.8
PT prolonged (s)	1-4	5-6	>6
(INR)	<1.7	1.8-2.3	>2.3

Child's A = 5-6 points    Child's B = 7-9 points    Child's C = 10-15 points

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### Liver Transplant

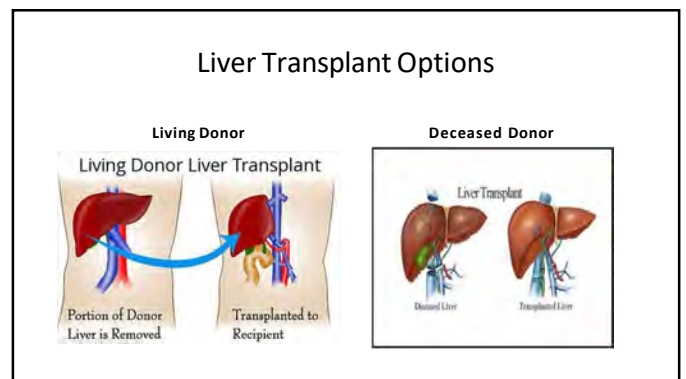
- Curative
- Tumor burden + cirrhosis
  - Not a resection candidate due to lack of preserved liver function
  - Meets Milan Criteria
- Better OS and DFS
  - 5-year OS 60-83%
  - 5-year DFS 70%
- Reduced rates of recurrence – 15%

AASLD Practice Guidance on prevention, diagnosis, and treatment of hepatocellular carcinoma

Amir D. Singal<sup>1</sup>, Kasper M. Lohse<sup>2, 3, 4</sup>, Akash Verma<sup>5</sup>, Nishi Mishra<sup>6</sup>, Jodie H. Fritzsche<sup>7</sup>, Laura A. Dawson<sup>8</sup>, Janice H. Lee<sup>9</sup>, Laura M. Kelly<sup>10</sup>, Metche G. Agopian<sup>11</sup>, Jorge A. Marrero<sup>12</sup>, Mohit Mandrotia-Laha<sup>13</sup>, David B. Brown<sup>14</sup>, William S. Rilling<sup>15</sup>, Lujia Gou<sup>16</sup>, Alice C. Wei<sup>17</sup>, Tamara M. Taddei<sup>18</sup>

PMID: 37199193 | PMID: 34310643 | DOI: 10.1016/j.jhep.2024.101916

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### Criteria for Transplant Milan & Beyond...

	Milan Criteria	UCSF Criteria
Number and size of tumors	Solitary tumor with maximum diameter of 5 cm Up to three tumor nodules, each of which is <3 cm, with no vascular invasion or extrahepatic metastases	Solitary tumor with maximum diameter of 8.5 cm Up to three tumor nodules, with largest nodule <4.5 cm, or a total tumor diameter <8 cm, with no vascular invasion or extrahepatic metastases

**UNOS Criteria**

- AFP ≤ 100ng/mL
- Tumor 2-5cm in diameter or 2-3 tumors 1-3cm in diameter
- No macrovascular involvement
- No Extrahepatic disease

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### Liver Allocation

- Sickest first/medical urgency
  - Not wait time
  - Not geography
- MELD-Na – Model for End Stage Liver Disease
  - Not inclusive for all medical urgency (cancer doesn't elevate MELD)
- Acuity circles around donor hospital
  - Median MELD to transplant
  - Higher numbers = more competitive
- Exception points
  - Increase the MELD to (Median MELD) - 3 to help patients compete for organs before progression/metastases

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### OPTN/UNOS HCC Exception Policy

The American Association for the Study of Liver Diseases (AASLD) states that a patient with HCC within Milan criteria or down staged to within Milan are eligible for exception points after a 6-month waiting period.

- Prioritizes patients for a liver transplant by giving additional points
  - MMaT in DMV is 32
  - HCC exception points brings a patient up to 29
- 9 diagnoses in the policy that can apply for exception points to raise the score and increase competitive ability to get to transplant sooner
  1. HCC
  2. pCCA
  3. Hepatopulmonary Syndrome
  4. Portopulmonary Syndrome
  5. Familial Amyloidosis
  6. Primary Hyperoxaluria
  7. Cystic Fibrosis w/liver disease
  8. Neuroendocrine Metastases
  9. Polycystic Liver Disease

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### Downstaging of hepatocellular carcinoma before liver transplantation: Results from a national multicenter prospective cohort study

**UNOS (Duke/UCSF) Criteria:**

- 1 lesion < 5 cm
- 2-3 lesions < 3 cm
- AFP < 100 ng/mL
- No macrovascular invasion
- No extrahepatic disease

**MILAN CRITERIA:**

- 1 lesion < 5 cm
- 2-3 lesions < 3 cm
- No macrovascular invasion
- No extrahepatic disease

**Survival Graph:** Shows overall survival (%) over time (months) for patients meeting Milan criteria vs those not meeting Milan criteria. Milan criteria group shows significantly better survival (p=0.07).

**Inclusion/Exclusion Criteria Table:**

Inclusion criteria	Exclusion criteria
HCC exceeding UNOS Downstaging criteria but with sum of tumor number and largest tumor diameter < 8 cm	AFP > 1000
	Child-Pugh B or C cirrhosis

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### Downstaging

European Society of Organ Transplantation (ESOT) Consensus Report on Downstaging, Bridging and Immunotherapy in Liver Transplantation for Hepatocellular Carcinoma

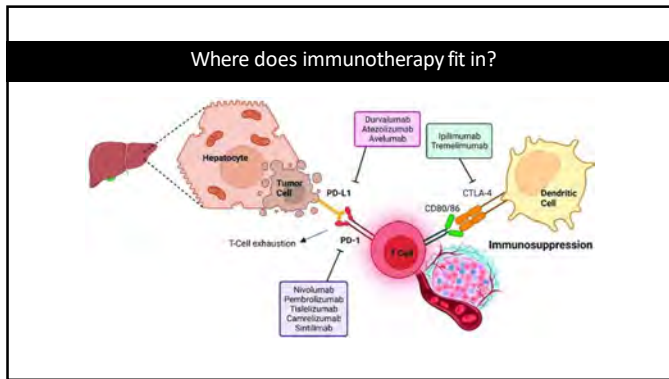
Complete radiographic response, sustained radiographic response versus pathologic response...???

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### Downstaging Options

TACE (or portal thrombolysis)	TARE/SIRT	ABLATION	EBRT/SRT	CHEMOTHERAPY	IMMUNOTHERAPY/IMMUNE CHECKPOINT INHIBITORS
<ul style="list-style-type: none"> <li>• Delivers chemo directly into tumor arterial supply + embolization for ischemia</li> <li>• Most used modality</li> <li>• TACE and DEB-TACE</li> <li>• Multifocal, intermediate stage</li> </ul>	<ul style="list-style-type: none"> <li>• Intraarterial delivery of radioactive spheres to irradiate tumors</li> <li>• Y90</li> <li>• Most used modality</li> <li>• Large tumors, portal vein invasion</li> <li>• Lower toxicity than TACE</li> </ul>	<ul style="list-style-type: none"> <li>• Thermal energy to destroy tumor tissue</li> <li>• Small localized tumors</li> <li>• RFA</li> <li>• MWA, larger lesions, less heat-sink</li> </ul>	<ul style="list-style-type: none"> <li>• Lesions near critical structure + poor liver function</li> </ul>	<ul style="list-style-type: none"> <li>• Not standard of care in the US</li> <li>• Docetaxel, cisplatin, 5-FU</li> </ul>	<ul style="list-style-type: none"> <li>• Monoclonal Ab that block inhibitory pathways in T cells</li> <li>• Atezolizumab</li> <li>• Rejection and Necrosis</li> </ul>

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### Landmark Clinical Trials in the treatment of HCC

Study Interventions	Molecular targets	Overall survival (months)
SHARP-2/07	Sorafenib vs. placebo	Sorafenib: 10.7 Placebo: 7.9
CheckMate040	Nivolumab	PD-1 15.0
KEYNOTE224	Pembrolizumab	PD-1 12.9
CELESTIAL	Cabozantinib	VEGFRa KIT RET MET 8.0
REACH-2	Ramucicromab	VEGFR2 7.3
REFLECT	Lenvatinib vs. sorafenib	VEGFRa FGFRa PDGFRa KIT RET 11.6 Sorafenib 11.3
IMBraver150	Atezolizumab + Bevacizumab	PD-L1 VEGFR 12.1

PDGFR, platelet derived growth factor receptor; VEGFR, vascular endothelial growth factor receptor; FGFR, fibroblast growth factor receptor

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### Biologics improving OS

Child-Pugh class A ONLY	Child-Pugh classes A and B	Child-Pugh class B	Child-Pugh class C
Atezolizumab + bevacizumab			
Sorafenib	Sorafenib		
Lenvatinib			
Ipilimumab + nivolumab + pembrolizumab			
Regorafenib	Sorafenib		
Cabozantinib			
Ramucicromab			
Lenvatinib			
	Nivolumab	Nivolumab	FOLFES

**Immune checkpoint inhibitor therapy for hepatocellular carcinoma**

Daryl Raman<sup>1</sup>, Alexander Shoush<sup>2</sup>, Antonio Faccinuzzo<sup>3</sup>, Claudia Barresi<sup>4</sup>, Douglas Gombos<sup>5</sup>, Liza Blanes<sup>6</sup>, Garibay Torrealba<sup>7</sup>, Barbara Galassi<sup>8</sup>, Michele DiStefano<sup>9</sup>

\* Author information • AFOA notes • Copyright and license information  
PMCID: PMC634825 PMID: 36426272

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### Immunotherapy as a bridge to transplant

**Intention-to-treat outcomes of patients with hepatocellular carcinoma receiving immunotherapy before liver transplant: The multicenter VITALITY study**

**Immunotherapy and transplantation for hepatocellular carcinoma**

- Developing
- First-line treatment
- Not amenable to curative or local regional therapy
- 12week washout, hepatic necrosis or severe rejection
- Difficult to ascertain radiographic response versus pathologic response- explants with Beyond Milan findings

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- ### Contraindication to UNOS Exception Points
- Macro-vascular invasion of main portal vein or hepatic vein\*
  - Extra-hepatic metastatic disease
  - Ruptured HCC\*
  - T1 stage HCC – 2cm rule
    - LT candidate, decompensated cirrhosis, AFP <100 → wait
  - AFP 1000 → >500 require a board review, Criteria is ≤100
  - 6 month wait
  - Recurrence after LR or LRT the **wait period is waived**
  - Beyond Milan and went for LR and recurred - wait 6 months to assess biology

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### Outcomes

- Equity in access to transplantation for HCC and non-HCC candidates, even in high-MELD regions like the DMV
- Comparable high-MELD survival
  - 5-year survival >70%
  - Recurrence 10-15% → RETREAT Microvascular invasion + AFP
- Benefit to HCC patients and preventing tumor progression

**Management of Hepatocellular Carcinoma: A Review**

**Waitlist Outcomes for Exception and Non-exception Liver Transplant Candidates in the United States Following Implementation of the Median MELD at Transplant (MMAIT)/250-mile Policy**

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### Colorectal Liver-only Metastases (CRLM)

- Unresectable, liver-only disease historically palliative; interest renewed by modern systemic therapy + transplant outcomes.



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Support from  
Landmark  
Prospective Trials

- 5-year overall survival of 73% for transplant plus chemotherapy versus 9% for chemotherapy alone in strictly selected patients

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### TRANSMET randomized data (the pivot)

[ESMO Open, 2024 Sep 10\(9\):105668. doi: 10.1016/j.esmoop.2024.103968. Epub 2024 Aug 20.](#)

**Translating efficacy of liver transplantation in liver-limited metastatic colorectal cancer into clinical practice: the TransMet trial**

M M Gemeni<sup>1</sup>, N Rastbacka<sup>2</sup>, V Halmesmeyer<sup>3</sup>, D P Naabst<sup>4</sup>  
 Affiliation: [expand](#)  
 PMID: 39341649 PMCID: PMC11381977 DOI: 10.1016/j.esmoop.2024.103968

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### SECA (Secondary Cancer) Trials

JOURNAL ARTICLE  
**Survival following liver transplantation for liver-only colorectal metastases compared with hepatocellular carcinoma**  
 S Dueland, A Foss, J M Solheim, H Haggnes, P O Line  
 British Journal of Surgery, Volume 105, Issue 6, May 2018, Pages 736-742.  
<https://doi.org/10.1002/bjs.10769>  
 Published: 13 March 2018 [Article history](#)

**Survival Following Liver Transplantation for Patients With Nonresectable Liver-only Colorectal Metastases**

Dueland, Svein MD<sup>1</sup>, Syversveen, Trygve MD<sup>1</sup>, Solheim, Jon Magnus MD<sup>1</sup>, Solberg, Steinar MD<sup>1</sup>, Grut, Harald MD<sup>1</sup>, Bjørneth, Bjørn Atle MD<sup>1</sup>, Hagnæs, Marte MD<sup>1</sup>, Lise, Pål, Dag MD<sup>1,2</sup>  
 Author information [@](#)  
 Annals of Surgery 271(2):p 212-218, February 2020. | DOI: 10.1097/SLA.0000000000003494

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### SECA Trials


- Prospective studies
- Establish modern eligibility criteria
- Demonstrate that LT can achieve long-term survival rates comparable to conventional indications for liver transplant
  - 60-83% compared to chemo alone at 9-14%
- Oslo and Fong were used to further risk stratify

- Limitations
  - Small sample size
  - Single-center design
  - Highly selective inclusion criteria
  - SECA I had heterogenous risk profiles
  - SECA II had stricter selection criteria

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### Fong Clinical Risk Score

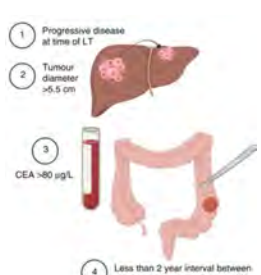
- Initially developed for patients undergoing LR, but adapted for LT
- Assigns 1 point for each of the following:
  - Interval <12 months from primary tumor diagnosis to liver metastases
  - Largest lesion >5cm
  - >1 liver lesion
  - CEA >200µg/L
  - + LN in primary tumor
- Fong scores 0-2 show markedly improved OS after LT, 5-year survival rates approaching 80-100%



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### Oslo

- Developed for LT candidates with CRLM
- Assigns 1 point for each of the following:
  - Progressive disease on chemotherapy at the time of transplant
  - CEA >80µg/L
  - Largest liver lesion ≥5.5cm
  - Interval <2 years from primary tumor resection to transplant
- Oslo scores 0-2 have significantly better outcomes, 5-year OS of 63-89%
- Oslo scores 3-4 are associated with poor prognosis and are generally considered exclusionary for LT



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JAMA Network

From: Long-Term Survival, Prognostic Factors, and Selection of Patients With Colorectal Cancer for Liver Transplant: A Nonrandomized Controlled Trial  
 JAMA Surg. 2023;158(9):e232932. doi:10.1001/jamasurg.2023.2932

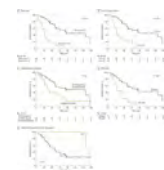


Figure Legend:  
 Association of Overall Survival After Liver Transplant With Oslo Score, Lesion Size, Treatment Response, Carcinoembryonic Antigen (CEA) Levels, and Time From Diagnosis Association of overall survival after liver transplant with Oslo score (A), size of largest lesion (B), response to chemotherapy at time of transplant (C), CEA levels at time of transplant (D), and time from diagnosis to liver transplant (E).

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### Candidates for LT

<p><b>Inclusion Criteria</b></p> <ul style="list-style-type: none"> <li>Liver-only, unresectable metastases                     <ul style="list-style-type: none"> <li>No extrahepatic disease on PET/CT</li> </ul> </li> <li>Resected primary tumor</li> <li>Sustained response to at least 3 months of systemic chemotherapy</li> </ul>	<p><b>Key Selection Criteria</b></p> <ul style="list-style-type: none"> <li>Largest lesion &lt;5.5cm</li> <li>CEA ≤80µg/L</li> <li>Metabolic tumor volume &lt;70 cm<sup>3</sup> on PET</li> <li>Favorable clinical risk scores                     <ul style="list-style-type: none"> <li>Oslo ≤1</li> <li>Fong ≤2</li> </ul> </li> </ul>
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### Pathways to Transplant

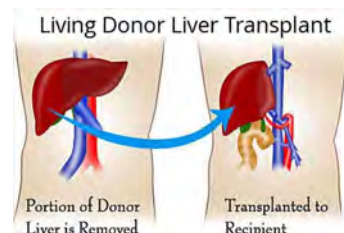
- Multidisciplinary review
- Rigorous imaging
- Biomarker assessment
- Early referral



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### Transplant Options

- Living Donor Liver Transplant (mostly)
  - Donor ethical implications
  - Supported by survival for CRLM is comparable to other accepted indications
- UNOS does not grant exception points for CRLM
  - Policy is evolving



Policy Corner: Transplant oncology, colorectal liver metastases MELD nonstandard exception

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### Eligibility

- Unresectable pCCA
  - Only 5% of patients meet criteria
  - Liver disease
  - Tumor location
- Tumor  $\leq 3$  cm in radial diameter
- No intrahepatic or extrahepatic metastases
- No LN involvement
- Diagnosis confirmed by biliary cytology, biopsy or in select cases imaging and tumor markers
  - Percutaneous or EUS-guided tumor biopsy and surgical violation of the tumor plane are CI due to risk of peritoneal seeding

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### Neoadjuvant Therapy

- EBRT
- Concomitant 5-fluorouracil (5-FU)
- Brachytherapy
- Maintenance capecitabine until transplant
- Staging laparoscopy to exclude occult metastases



**Chemotherapy vs. Radiation**

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### Allocation Policy


- UNOS grants MELD exception points for eligible pCCA patients treated under approved protocols
  - High risk of waitlist dropout
  - Curative potential



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### Outcomes

- 5-year OS after transplant is 53-65%
  - LR 30-45% with recurrence rates up to 80% within 2 years mainly due to R1 resection and +LN
- Recurrence-free survival up to 78%
- Outcomes are superior in patients with PSC-associated pCCA
  - Earlier detection
- Mortality is similar to LR at 4-8%
- 41% rate of dropout on neoadjuvant




**Meta-analysis and Meta-regression of Survival After Liver Transplantation for Unresectable Perihilar Cholangiocarcinoma**

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### Intrahepatic CCA (iCCA)


- Historically a contraindication for liver transplant due to poor outcomes
- Recent data suggests select patients with small, solitary, unresectable (usually due to liver disease), liver-limited iCCA may benefit
  - 5-year OS up to 65% in highly selected cases
- The roll of LT remains controversial and is not standard of care



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### Hepatic Artery Infusion Pump (HAIP)

- HCC
  - Well-established arterial-based LRT for unresectable disease
  - Demonstrated improved OS in RCT
  - Supported by NCCN as bridge to transplant
- CRLM
  - Facilitate conversion to LR or LT
- iCCA
  - Multifocal or unresectable disease
  - Leverages arterial delivery of high-dose chemo to the tumor
  - Evidence to support bridge to LT



**Liver Transplantation After Hepatic Artery Infusion Pump Therapy: Single-Center Experience and Technical Considerations**

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Indication	Transplant	Resection	LRT	Systemic Therapy
HCC (Milan)	5-yr OS 70–80%	Variable, high recurrence	Bridge, not curative	Median OS ~1–2 yrs
HCC (after DS)	Similar OS if stable biology	Often not feasible	Effective downstaging	Limited benefit
CRLM	5-yr OS ~56–73% (selected)	Feasible if resectable, OS up to 50%	Local control only	5-yr OS <15%
pCCA (Mayo)	5-yr OS 60–70% (protocolized)	Rarely feasible	Palliation	Poor outcomes

## Conclusions

- Early referral to specialized transplant centers (transplant oncology divisions)
- Robust MultiD collaboration
- Individualized management
  - Pathways, protocols, inclusion and exclusion criteria exist
  - No one-size-fits-all solution
- Treatment algorithms are increasingly dynamic, driven by evolving evidence, molecular profiling, and expanding therapeutic options
- Paradigm shifts: new transplant indications, targeted immune therapies, personalized, and adaptive treatment strategies

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