



DEPARTMENT OF PEDIATRICS

Empowering Tomorrow: Transforming Pediatric Care for Equitable Futures

Location: Virtual
Friday March 21, 2025
08:30 AM to 12:30 PM
Standard Pacific Time



The Santa Clara Valley Medical Center is accredited by the California Medical Association (CMA) to provide continuing medical education for physicians. The Santa Clara Valley Medical Center designates the above live activities for a maximum of 3.5 *AMA PRA Category 1 Credit(s)*™ each. Physicians should only claim credit commensurate with the extent of their participation in the activity.

ABOUT:

Join this half day virtual symposium to learn tools and strategies for clinical practice to improve health care disparities. Hear from practicing clinicians in busy pediatric clinics with diverse patients share best practices and recommendations for addressing health inequities. Attendees may receive 3.5 hours of CME.

WHO SHOULD ATTEND:

Health care providers, medical social workers, public health professionals, health profession students, resident physicians, administrators, allied health care professionals.

REGISTRATION:

Register by email to: HHS-LEADERSHIPPOWER@hhs.sccgov.org. Please include your name, degree, position/institutional affiliation, and contact information. Registration confirmation will include log in information to attend the conference.

Cost: Free

Should you wish to make a voluntary contribution to further Pedi POWER's equity work please visit [Ensuring A Strong Healthcare System For All : Donate Now : Giving : Ways To Give : Valley Health Foundation](#)

COURSE DIRECTOR:

Manuel Gonzales, MD, MA (he/him/el)
manuel.gonzales@hhs.sccgov.org



COURSE OBJECTIVES

1. Implement practical tools to enhance health equity in daily clinical practice.
2. Develop and apply effective strategies to reduce health disparities across diverse patient populations.
3. Design and integrate health equity education initiatives for healthcare providers.

ABOUT PEDI POWER:

Pedi POWER is a grass roots pediatric equity organization founded in 2020 by pediatricians at Santa Clara Valley Healthcare (SCVH). We focus on improving health equity in patient care through health care provider education, mentorship, systems change, community partnerships, and advocacy. SCVH is a large county safety net hospital and clinic system that has been a regional pediatric center for more than 50 years. San Jose, where SCVH's main hospital and largest clinics are located, is the third largest city in California. Our pediatrics department includes general pediatrics, neonatology, pediatric hospitalists, and many pediatric subspecialties. SCVH has several residency programs, including family medicine and obstetrics/gynecology. Pediatric residents from Stanford spend about a third of their clinical time at a SCVH site, including rotations in hospital pediatrics, ambulatory pediatrics, and pediatric continuity clinics. We care for a diverse population of primarily publicly insured children, including children with medical complexity. Over 100 languages and dialects are spoken in Santa Clara County



SPEAKER BIOGRAPHIES



Shelley Aggarwal MD (she/her) is a board-certified Pediatrician and Adolescent Medicine Sub-Specialist. She is passionate about culturally aligned and weight neutral medical care that supports youth and families in building a friendship with food and body. Dr. Aggarwal immigrated to the United States with her parents and sister at a young age. Her parents remained committed to their East Indian heritage, inspiring a rich and complicated experiences of food and body, particularly as they relate to standards of what is “normal” and “acceptable.” These experiences and years of medical training have led to broadening the conversation about what it means to be “healthy,” deprogramming messages around “good” and “bad” food, and normalizing approaches towards wellbeing that are aligned with one’s needs and culture. Dr. Aggarwal is teaching faculty with Stanford and UCSF, and currently, the Medical Director for SCC Juvenile Custody Health Services. She is also co-author of *No Weigh!* and *Raising Body Positive Teens A Parent’s Guide.*”



Lee Anna Botkin MD (she/her/ella) has been a primary care pediatrician at Santa Clara Valley Healthcare (SCVH) since 1996. She received her medical training (MD and pediatric residency) from the University of California, San Francisco and has an AB in History and Science from Harvard and Radcliffe Colleges. She is the Co-Founder and Medical Director, Silicon Valley Medical-Legal Partnership Clinic at SCVH, which provides patients with free legal services to address civil legal needs that affect health and wellbeing. She is a Clinical Assistant Professor (Affiliated), Department of Pediatrics and Division of General Pediatrics at the Stanford University School of Medicine and teaches medical students and pediatric residents about pediatric medicine, advocacy, and equity issues.



Laurie Bostick Cammon, MD (she/her/ella) has over 20 years of experience practicing pediatrics. A University of Michigan Medical School graduate who completed her pediatric residency at the Children’s Hospital Oakland, she has worked in various roles serving under-resourced communities, including as the medical director for a mobile clinic for homeless children, at the Alameda County Juvenile Hall, and as an instructor and mentor for first-generation college students in a pipeline program at UC Berkeley. Since 2006, she has practiced at SCVH in pediatric primary care and the Pediatric Healthy Lifestyle Center (PHLC). She founded SCVH’s Nature and Health Program to promote equitable access to nature for patients and families. And, as a Clinical Assistant Professor (Affiliated) at Lucile Packard Children’s Hospital and a UCSF Champion Provider Fellow, she continues to mentor other healthcare providers and pediatric residents while working to improve community health beyond the clinical setting.



Manuel "Manny" Gonzales MD (he/him/el) is a primary care pediatrician at SCVH East Valley Clinic. He was born in Lima, Peru and moved to San Francisco at the age of 5. Dr. Gonzales earned his Master’s degree in Developmental Psychology from San Francisco State University. He worked as a preschool teacher for 7 years before shifting his focus to medicine. Dr. Gonzales earned his medical degree from the University of California, San Francisco. As a Latine physician, Dr. Gonzales strives to provide culturally respectful and language concordant care to his Spanish-speaking patients. He is also deeply committed to nurturing the next generation of Spanish-speaking physicians.



SPEAKER BIOGRAPHIES



Iliana Harrysson MD (she/her) has been a pediatrician at SCVH since 2016. She is a Clinical Instructor (Affiliated), Department of Pediatrics and Division of General Pediatrics at the Stanford University School of Medicine. She received her medical training (MD and pediatric residency) from Stanford University and has an BS in Mechanical Engineering from the Massachusetts Institute of Technology (MIT).



Amna Khan, MD (she/her/ella), serves as an outpatient pediatrician at Santa Clara Valley Health Medical in San Jose, CA and as Clinical Assistant Professor (affiliated) at Stanford University School of Medicine, Department of Pediatrics. Dr. Khan received her medical degree from University of California, San Francisco (UCSF). Subsequently, she completed Pediatrics residency at Lucile Packard Children's Hospital at Stanford University with a deep commitment to training at the county safety network hospital, SCVMC where she has served for the last 12 years. As a graduate of the UCSF post baccalaureate program, a pipeline program designed to strengthen the candidacy of underrepresented minorities in medicine to return to their communities as physician advocates in the future, Dr Khan continually volunteers as mentor to current students in this program.



Schedule

Time	Topic	Speaker	Description
08:30-08:40	Welcome	Manuel Gonzales MD	
08:40-08:45	Land and Labor Use Acknowledgements	Manuel Gonzales MD	Honor local Indigenous peoples and grow awareness of labor participants.
08:45-09:20	Fortifying the Equitable Medical Home	Amna Khan MD	Implementation of a comprehensive equity agenda into pediatric clinical practice.
09:20-09:55	Inclusive Medical Charting: Promoting Bias-Free Medical Records	Laurie Cammon MD	Demonstrate how to avoid problematic terms and practices in charting.
09:55-10:30	Health Literacy and Medication Administration Safety	Lee Anna Botkin MD	Recognize common prescribing practices that lead to medication administration errors and learn how to avoid them.
10:30-10:40	Stretch Break		
10:40-11:15	Food Insecurity: Connecting Patients to Resources	Iliana Harrysson MD	Explore the food landscape given the elimination of Covid-era food subsidies and discuss ways of improving access to high quality foods for patients with limited resources.
11:15 – 11:50	Cultural Frameworks of Wellness and Illness	Manuel Gonzales MD	Be aware of multiple cultural health beliefs patients have and how they present.
11:50 – 12:25	All Bodies are Good Bodies: Weight Inclusive and Equitable Care	Shelley Aggarwal MD	Learn weight-neutral approaches to health and wellbeing.
12:25 – 12:30	Concluding Remarks	Manuel Gonzales MD	