

# Rehabilitation for Optimal Outcomes: Parkinson's Disease

**PRIMARY OBJECTIVE:** At the end of this conference, the participant should be able to discuss advances in rehabilitation and have the knowledge to achieve quality improvement in practice and patient outcomes.

**ACCREDITATION STATEMENT:** Tower Health is accredited by the Pennsylvania Medical Society to sponsor continuing medical education for physicians.

**DESIGNATION STATEMENT:** Tower Health designates this live activity for a maximum of 4 *AMA PRA Category 1 Credit(s)*<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the educational activity.

**CONTINUING EDUCATION:** This program awards 5 contact hours. Reading Hospital is an approved provider of continuing nursing education by the PA State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

**DISCLOSURE:** Faculty and all others who have the ability to control the content of continuing medical education activities provided by Tower Health are expected to disclose to the audience whether they do or do not have any real or apparent conflict(s) of interest or other relationships related to the content of their presentation(s).

**TARGET AUDIENCE:** Physicians, nurses, therapists, case managers, social workers, and other healthcare professionals with an interest in current rehabilitation therapies.

**FEE:** There is no fee to attend, but registration is required.

**REGISTRATION:** Register online at [reading.towerhealth.org/cme](http://reading.towerhealth.org/cme).

## READING HOSPITAL REHABILITATION AT WYOMISSING

2018 CONFERENCE

REHABILITATION FOR  
OPTIMAL OUTCOMES:  
PARKINSON'S DISEASE



*Friday, March 16, 7:30 a.m. to 1 p.m.*

*Reading Hospital Conference Center*

*Registration required:*

[reading.towerhealth.org/cme](http://reading.towerhealth.org/cme)



**TOWER HEALTH**

Advancing Health. Transforming Lives.

7:30 a.m.

## Registration & Light Breakfast

8 a.m.

## Welcome

8:15 a.m.

## Treatment and Management of Parkinson's Disease

Efrain Perez-Vargas, MD

### Objectives

1. Identify the pathophysiology of PD and clinical presentation.
2. Demonstrate different clinical presentations of PD.
3. Identify the various medication protocols used to treat PD and common side effects of these medications.

9:15 a.m.

## Device-Assisted and Surgical Treatments for Parkinson's Disease

H. Christopher Lawson, MD

### Objectives

1. Review inclusion and exclusion criteria for deep brain stimulator in PD.
2. Review protocols for implantation of deep brain stimulator for PD.
3. Discuss outcomes post deep brain stimulator placement in PD.

10:15 a.m.

## Break

10:30 a.m.

## Think Big! Exercises for Individuals with Parkinson's Disease

Kevin Fratis, DPT

### Objectives

1. Discuss outcomes post deep brain stimulator placement in PD.
2. Describe utilizing large amplitude exercises in Physical and Occupational Therapy for PD patients.

11:30 a.m.

## Maximizing Speech Intelligibility in Parkinson's Patient

Jane Lawrence, SLP/R

### Objectives

1. Demonstrate speech pathology techniques to correct hypophonia in PD.
2. Discuss effectiveness of LOUD therapy in improving disordered articulation, diminished facial expression and impaired swallowing.

noon

## Lunch

12:15 p.m.

## Interventions for Improving Medication Adherence in Parkinson's Disease Patients

Morgan Curtis, BSN

### Objectives

1. Review program outcomes from ARU PD patients.
2. Demonstrate ARU's independent medication management program to enhance patient safety and compliance.
3. Demonstrate the teach back method of patient education by the interdisciplinary team.

12:30 p.m.

## Fall Prevention Strategies for Patients with Parkinson's Disease

Kelley Crozier, MD

### Objectives

1. Discuss the intrinsic and extrinsic causes of falls.
2. Discuss fall complications in the geriatric population.

1 p.m.

## Wrap-Up & Evaluation