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POSTGRADUATE TRAINING

- Lancaster General Hospital Geriatric Medicine Fellowship Program
 - Geriatric Fellow 2016-2017
- Virginia Commonwealth University Chesterfield Family Practice
 - Family Medicine Resident 2013-2016

EDUCATION

- Drexel University College of Medicine, Medical Doctor. 2013
- The Pennsylvania State University, B.S. in Life Science, Minor in Anthropology. 2008

CERTIFICATION and LICENSURE

- Certificate of Added Qualifications in Geriatric Medicine, 2017
- American Board of Family Medicine Certified, 2016
- Pennsylvania Medical License
- DEA

EXPERIENCE and LEADERSHIP POSITIONS

- Director, Lancaster General Hospital Geriatric Medicine Fellowship Program 2022-present
- Associate Director, Lancaster General Hospital Geriatric Medicine Fellowship Program 2021-2022
- Geriatric Rotation Faculty Coordinator, Lancaster General Hospital Family Practice Residency Program 2021-present
- Attending Physician, Lancaster General Health Physicians Geriatrics, August 2016 to present
- Resident Director of Geriatrics, Chesterfield Family Practice Residency, 2015-16
- President, Drexel University College of Medicine's American Medical Women's Association, 2010-11
- AFAR's Medical Student Training in Aging Research Scholar, Johns Hopkins University and the National Institute on Aging, July 2010

PUBLICATIONS

- "Effect of the Medicare Annual Wellness Visit on Hospitalization and ED Utilization Rates"
Journal of the American Geriatrics Society, May 2017
 - Presented at American Geriatric Society's Annual Meeting, May 2017
- "Hemoglobin and Iron Levels and Walking-Related Performance and Energy Expenditure in Late Life"
Journal of the American Geriatrics Society, May 2011

QUALITY IMPROVEMENT INITIATIVES

- Lancaster General Hospital. Co-Investigator. Evaluation of a Pharmacist Medication Review Process for New Patients Presenting to a Geriatrics Practice. 9/2023 to present.
- Lancaster General Hospital. Co-Investigator. Evaluation of Deprescribing Eligibility of Long-Term Cholinesterase Inhibitor and Memantine Therapy for Dementia in Community-Dwelling Geriatric Patients. 10/2022-4/2023