



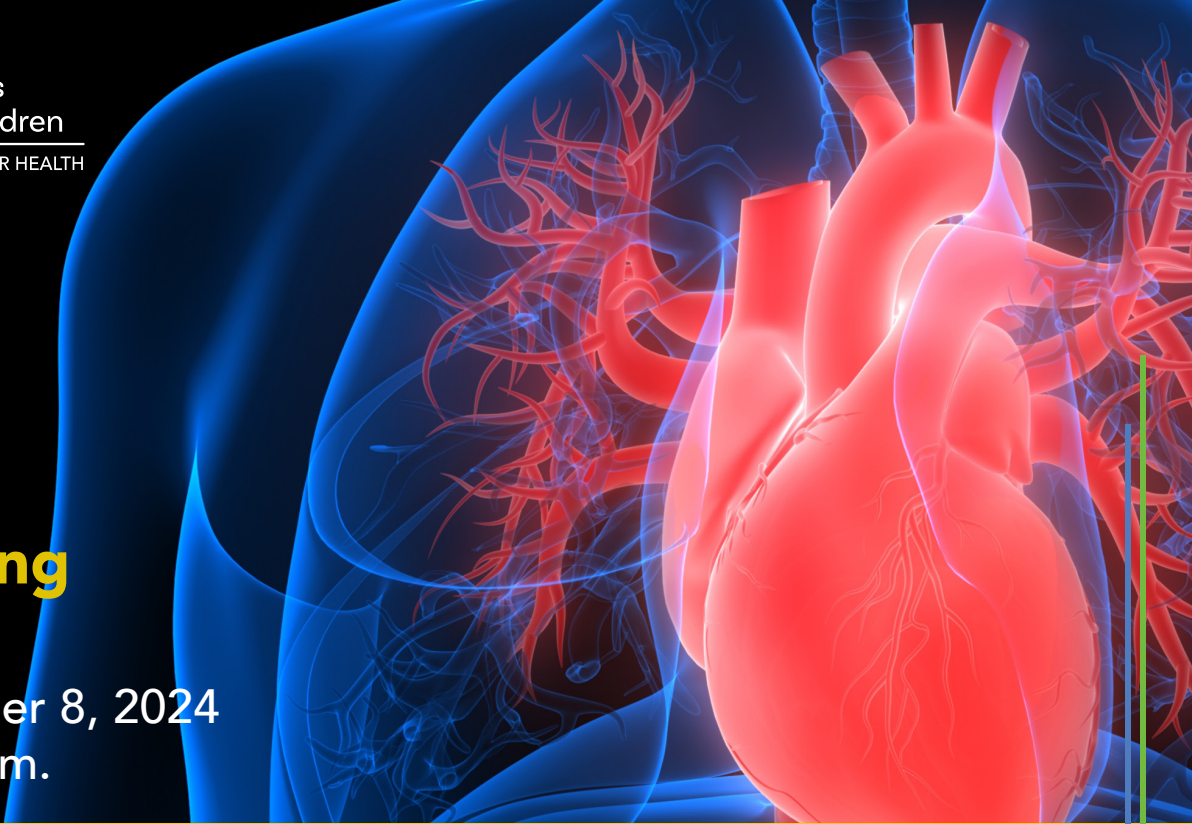
St. Christopher's
Hospital for Children

A PARTNERSHIP OF TOWER HEALTH
AND DREXEL UNIVERSITY

**8TH ANNUAL
Pediatric
Update:
Heart Care
for the Young**

Virtual Conference

Friday, November 8, 2024
8 a.m to 1:15 p.m.



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Registration required.
The remote viewing link for this
virtual (online) conference will be
provided following registration.

Free for Tower Health employees and affiliated medical staff.
Registration Fees for Non-Tower Health employees/affiliated medical staff:
Physician and Advance Practitioner Provider fee: \$47.50
Nurse or other Healthcare Professional fee: \$23.75

8 a.m. **The Obese Adolescent –
Cardiovascular Consequences
and Management Strategies**
Holly Ippisch, MD, MS
Pediatric Cardiologist
Preventative Cardiology Assistant Professor
UC Department of Pediatrics
Cincinnati Childrens

9 a.m. **Break**

9:15 a.m. **Genetics in Pediatric Cardiology:
An Overview**
Teresa Lee, MD
Pediatric Cardiology Clinical Genetics
and Genomics (MD)
Pediatrics; CUIMC/NewYork-Presbyterian
Morgan Stanley Children's Hospital

10 a.m. **Congenital Heart Disease
for the General Practitioner**
Arvind Hoskoppal, MD
Adult Congenital and Pediatric Cardiologist
UPMC Heart and Vascular Institute



Program Director:
Nandini Madan, MD
Associate Professor of Pediatrics
Drexel University College of Medicine
Acting Section Chief of the Heart Center
Chief of Pediatric Electrophysiology
St. Christopher's Hospital for Children

10:45 a.m. **What is New in the Field
of Sports Cardiology?**
Matthew W. Martinez, MD
Atlantic Health, Morristown Medical Center
Gagnon Cardiovascular Institute
Director, Sports Cardiology
Co-Director, Chanin T. Mast
Hypertrophic Cardiomyopathy Center

11:30 a.m. **Break**

11:45 a.m. **Pulmonary Hypertension in the Neonate
and Infant: Diagnosis and Management**
Rula Balluz, MD, MPH
Associate Professor of Pediatrics
Drexel University College of Medicine
Attending, Heart Center
St. Christopher's Hospital for Children

12:30 p.m. **Pulmonary Hypertension in the
Adolescent and Young Adult:
Diagnosis and Management**
Paul Forfia, MD
Co-Director, Pulmonary Hypertension
Right Heart Failure and CTEPH Program
Temple University Hospital
Professor, Medicine
Lewis Katz School of Medicine
at Temple University

1:15 p.m. **Adjourn**

Guest Speakers



Holly Ippisch, MD, MS

Dr. Holly M. Ippisch has been an attending staff member of the Division of Cardiology at Cincinnati Children's Hospital Medical Center, since 2005. Her clinical subspecialty interests include echocardiography, congenital heart disease, preventive cardiology and pediatric obesity. She has clinics for the treatment of hyperlipidemia and hypertension. She is an Ohio native and completed her medical degree at Wright State University, her pediatric internship and residency at Loma Linda University Children's Hospital, California and completed her pediatric cardiology fellowship at Cincinnati Children's. Dr. Ippisch's academic research interests relate to

echocardiography, preventive cardiology, and pediatric obesity. She is a faculty member of the Cardiovascular Imaging Core Research Laboratory. She has given several presentations at national meetings relating to both the cardiac effects of pediatric obesity and to newer imaging modalities such as color M-mode and tissue Doppler imaging for assessing diastolic function. She is also a Journal of the American Society of Echocardiography reviewer. Dr. Ippisch is also a cardiologist for the multidisciplinary Comprehensive Weight Management Center team. She is also a research cardiologist for the CWMC Team with special interests in scientific studies. Dr. Ippisch is an alumni of the National Institutes of Health funded Master's Training Program. Dr. Ippisch is an active member of the cardiology community. She is a member of the American Society of Echocardiography, Society of Pediatric Echocardiography, American Heart Association and Council of Cardiovascular Disease in the Young. Dr. Ippisch is also active in community service as the volunteer associate medical director for the Cincinnati Flying Pig Marathon which is an event partially sponsored by Cincinnati Children's.



Teresa Lee, MD

Dr. Teresa Lee is a pediatric cardiologist specializing in clinical genetics and genomics at CUIMC/NewYork-Presbyterian Morgan Stanley Children's Hospital. She earned her medical degree from the University of Pennsylvania School of Medicine. Dr. Lee completed her residency in pediatrics at Children's Hospital of Philadelphia, followed by a fellowship in pediatric cardiology at Boston Children's Hospital. With a focus on advancing care for children with congenital heart defects, she combines her clinical expertise with a commitment to genetic research and patient education.



Arvind Hoskoppal, MD

Dr. Arvind Hoskoppal is an adult congenital and pediatric cardiologist and is certified in adult congenital cardiology, pediatric cardiology, pediatrics, and internal medicine by the American Board of Pediatrics and the American Board of Internal Medicine. He is the director of the UPMC Adult Congenital Heart Disease Program and is an associate professor of internal medicine and pediatrics at the University of Pittsburgh School of Medicine. He received his medical degree from M.S. Ramaiah Medical College and completed his residency at Creighton University, pediatric cardiology fellowship at University of California, San Francisco, and adult

congenital heart disease fellowship at the Mayo Clinic. Dr. Hoskoppal joined the UPMC Heart and Vascular Institute in 2019. His clinical interests are adult congenital heart disease, pregnancy and heart disease, aortopathy, and advanced echocardiography, including transesophageal echocardiography. Dr. Hoskoppal has published numerous articles in peer-reviewed journals and is a member of the American Medical Association, American Academy of Pediatrics, American College of Cardiology, American Heart Association, Adult Congenital Heart Association and the International Society of Adult Congenital Heart Disease. When not at work Dr. Hoskoppal enjoys playing tennis, running, traveling, trying exotic cuisines and riding his bike. He recently moved to Pittsburgh with his wife and two young kids.

MISSION STATEMENT: St. Christopher's Hospital for Children strives to provide a variety of continuing medical education programs for physicians, physicians in training, and other healthcare professionals that are structured to foster lifelong learning by utilizing the principles of adult education. Our annual cardiac educational program is designed to meet the evolving needs in the rapidly changing healthcare environment. The Heart Center for Children provides comprehensive evaluation and treatment of fetuses, infants, children, adolescents, and adults with congenital or acquired cardiac conditions at St. Christopher's Hospital for children and a network of specialty care centers in Pennsylvania and New Jersey. Adults with congenital heart disease are followed in our Adult Congenital Heart section. We work collaboratively with other disciplines to optimize outcomes. Our goal is to provide the best individualized care for our patients with cardiac conditions.

PROGRAM OVERVIEW: This conference is the latest in a series designed to provide pediatric care providers with focused up-to-date educational sessions on several topics in Pediatric Cardiology and collaborative disciplines given by authorities in the field.

TARGET AUDIENCE: This is an excellent learning opportunity for physicians, advanced practice providers, fellows, medical students, sonographers along with other professionals who provide medical care to children.

OBJECTIVES: The goal of the conference is to provide the care providers with up-to-date evidence based and focus educational sessions in a continuum of topics associated with the care of fetuses', children, and young adults with acquired and congenital heart conditions.



Matthew W. Martinez, MD

Dr. Matthew Martinez is Associate Professor of Medicine. He serves as director of Sports Cardiology and Co-Director of Hypertrophic Cardiomyopathy program at Morristown Medical Center, Atlantic Health System in New Jersey. Dr. Martinez serves as a cardiology consultant for elite and professional athletes including acting as the League cardiologist for Major League Soccer, team cardiologist for the New York Jets and cardiac consultant for the NFL and NHL. He regularly presents on Sports Cardiology and Hypertrophic cardiomyopathy at national and international meetings and served as the American College of Cardiology's Chair of

Sports and Exercise section until 2020. He has expertise in advanced cardiac imaging using echo, cardiac MRI and CT and has led many educational events nationally and internationally on these topics. He has also served as the educational program chairman for the international Athletic Heart Symposium on management of athletes with cardiovascular risk.



Rula Balluz, MD, MPH

Dr. Rula Balluz completed medical school at American University of Beirut. She received training and completed her internship and pediatric residency at the Le Bonheur Children's Hospital, University of Tennessee in Memphis. She finished her pediatric cardiology training at Tulane University in New Orleans. Dr. Balluz is board certified in Pediatric Cardiology, Pediatrics, and in Adult Congenital Heart Disease. She received the Castle Connelly Best Physician designation award, has been published in peer-reviewed journals, written book chapters, and presented at national society meetings. Dr. Balluz's research interests include imaging and pulmonary hypertension, and she holds professional memberships from the American Society of Echocardiography, American Academy of Pediatrics, and American College of Cardiology.



Paul Forfia, MD

Dr. Paul Forfia earned his MS in Physiology and MD degree from New York Medical College, Valhalla, NY. He completed both an internal medicine residency and a cardiology fellowship at Johns Hopkins University Hospital, where he also received additional training in heart failure/transplantation as well as pulmonary hypertension. He is board certified in Internal Medicine, Cardiovascular Disease, and Advanced Heart Failure and Transplantation. Dr. Forfia was the Medical Director of the Pulmonary Hypertension Program at the Hospital of the University of Pennsylvania. Subsequently, has been appointed Medical Director of the

Pulmonary Hypertension and Right Heart Failure Program at the Temple Heart and Vascular Center, and Associate Professor of Medicine at Temple University School of Medicine. A world-renowned leader in the field of pulmonary hypertension (PH), Dr. Forfia specializes in diagnosing and treating pulmonary arterial hypertension (PAH), as well as PH related to heart or lung disease, and PH related to prior pulmonary embolism. He also has expertise in the management of right heart failure and in the work-up of complex causes of dyspnea. Dr. Forfia's research efforts are focused on Echo-Doppler and other physiologic-based methods of diagnosis and assessment of pulmonary vascular function and right heart function. An active researcher and an award-winning teacher, Dr. Forfia is a member of the editorial board for Pulmonary Circulation and is a reviewer for numerous top peer-reviewed journals. He has been published extensively in professional journals and been named a "Top Doctor" by Philadelphia Magazine and U.S. News & World Report. Dr. Forfia is a fellow of the American College of Cardiology, the American College of Chest Physicians, and the Pulmonary Vascular Research Institute.

ACCREDITATION STATEMENT: Tower Health is accredited by the Pennsylvania Medical Society to provide continuing medical education for physicians. Tower Health is approved as a provider of nursing continuing professional development by Pennsylvania State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

CREDIT DESIGNATION: Tower Health designates this live activity for a maximum of 4.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. This program awards 4.75 contact hours. Tower Health is an approved provider of nursing continuing professional development by Pennsylvania State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

NURSING CREDIT DESIGNATION: This program awards 4.5 contact hours. Tower Health is an approved provider of nursing continuing professional development by Pennsylvania State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

CLAIMING CME CREDITS: Attendees MUST sign in with the six-digit activity code provided at the session using eeds within 24 hours of the conference start time and complete the online evaluation within 30 days at <http://towerhealth.eeds.com>.

For more information, please visit: <https://towerhealth.org/services/pediatric-heart-care>

For questions, please call the Office for Continuing Medical Education at 215-427-5159.