
Maintaining Sex Positivity During Times of Change & Failure

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Learning Outcomes

- Explain how sex positivity must be updated and expanded
- Create an action plan for intentionally connecting to youth
- List two strategies to coping with failure

Embracing Collective Grief, Change, and Failure

- Allow our full bodymind to embrace the chaos of grief, failure, and of change.
- There is no way but through.
- Grief is a form of love and praise.

Embracing Collective Grief, Change, and Failure

- Reimagine our relationship with failure
- Failure and change are guarantees
- Failure is opportunity to un / learn
- Learn to offer intentional apologies (if you mean it!) with changed behavior

What is Sex Positivity to you?



Image from Zahira Kelly for Prism "What is sex positivity" by Laureano 2020
<https://prismreports.org/2020/09/24/what-is-sex-positivity/>

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Origins of Sex Positivity?



Sex Positivity has no
space for shame



Sex positivity is not elitist,
heterosexist, racist, abelist, or
ageist.

Sex positivity has no space for
shame.

Image from Zahira Kelly for Prism "What is sex positivity" by Laureano 2020
<https://prismreports.org/2020/09/24/what-is-sex-positivity/>

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Sex positivity is not a fad and is not about jargon.

Sex positivity is not the All Lives Matter of sexuality.

Image from Zahira Kelly for Prism "What is sex positivity" by Laureano 2020
<https://prismreports.org/2020/09/24/what-is-sex-positivity/>

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*Sex Positivity rejects cis supremacy,
and also embraces intersex
community members*



Sex positivity rejects cis supremacy, and also embraces intersex community members.

Sex positivity is liberation and equity.

Sex positivity recognizes, honors, and strategically uses various forms of power.

Image from Zahira Kelly for Prism "What is sex positivity" by Laureano 2020

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ALL BODIES ARE UNIQUE AND ESSENTIAL.

**ALL BODIES ARE WHOLE. ALL BODIES HAVE
STRENGTHS AND NEEDS THAT MUST BE MET.**

**WE ARE POWERFUL NOT DESPITE THE COMPLEXITIES
OF OUR BODIES, BUT BECAUSE OF THEM.**

WE MOVE TOGETHER, WITH NO BODY LEFT BEHIND.

THIS IS DISABILITY JUSTICE.



Sins Invalid poster
available for purchase:

https://www.flipcause.com/secure/reward_step2/OTMxNQ==/65825

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Recognizing Wholeness

“Each person is full of history and life experience. Each person has an internal experience composed of our own thoughts, sensations, emotions, sexual fantasies, perceptions, and quirks. Disabled people are whole people.”

Sustainability

“We learn to pace ourselves, individually and collectively, to be sustained long-term. We value the teachings of our bodies and experiences, and use them as a critical guide and reference point to help us move away from urgency and into a deep, slow, transformative, unstoppable wave of justice and liberation.”

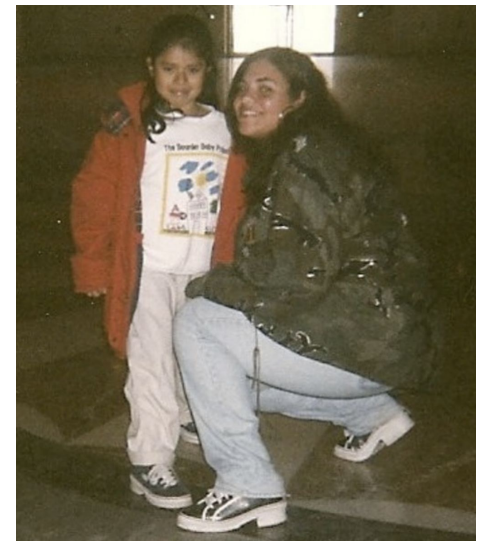
Interdependence

“Before the massive colonial project of Western European expansion, we understood the nature of interdependence within our communities. We see the liberation of all living systems and the land as integral to the liberation of our own communities, as we all share one planet. We work to meet each other’s needs as we build toward liberation, without always reaching for state solutions which inevitably extend state control further into our lives.”

Finding Mentors

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Find outh Mentors



Contraceptive Autonomy

“...the factors necessary for a person to decide for themselves what they want in relation to contraception and then to realize that decision, this indicator divides the contraceptive autonomy construct into subdomains of informed choice, full choice, and free choice.”

Senderowicz, Leigh. (2020). Contraceptive Autonomy: Conceptions and Measurement of a Novel Family Planning Indicator. *Studies in Family Planning*. Vol 51 (2). Pages 161 – 176 <https://doi.org/10.1111/sifp.12114>

Contraceptive Autonomy



REPORT |  Open Access |  

Contraceptive Autonomy: Conceptions and Measurement of a Novel Family Planning Indicator

Leigh Senderowicz 

First published: 01 May 2020 | <https://doi.org/10.1111/sifp.12114> | Citations: 29

Honoring Our Grief

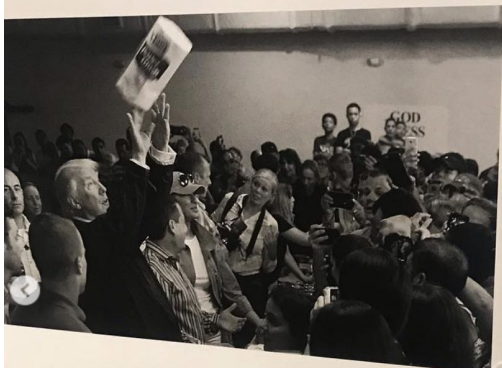
- What is sustainable?
- What is possible?
- Building interactive altars
- Discussing death with youth
- Building a safety plan

THE NEW YORK TIMES BESTSELLER LIST
THE MILLION-COPY BESTSELLER
**Women
Who Run
With the
Wolves**
Myths and Stories
of the Wild Woman
Archetype
Clarissa Pinkola Estes, Ph.D.
"A masterpiece that will be the most
valuable, and essential, in women's
psychology for the foreseeable future."
—The Washington Post Book World



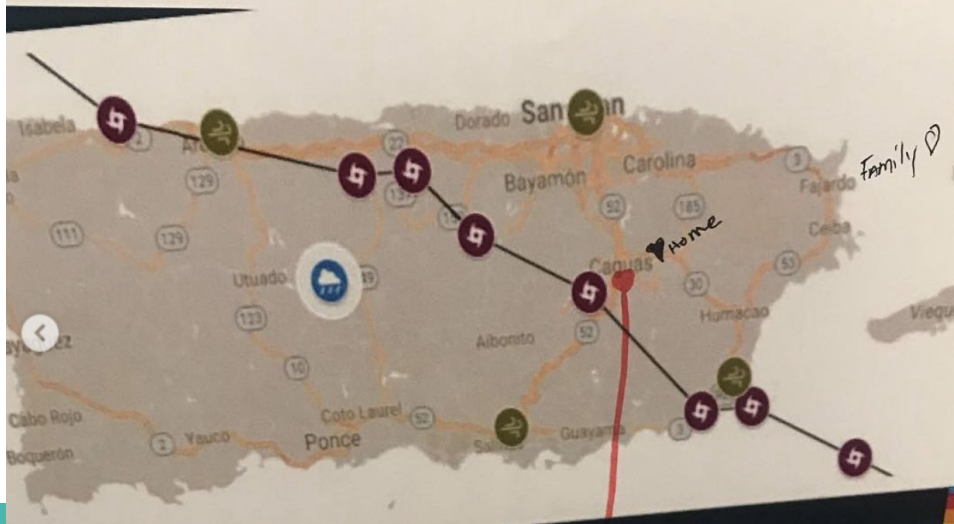


Colonization Continues



THIS MADE
ME ABYRY
& ASSUMED to
live in the
US.

Path of the Hurricanes 2017



Reminders:

- Build safety plans
- Find youth mentors
- Learn more about disability justice and how to incorporate into your work
- Embrace contraceptive autonomy
- Honor your grief

Readings and Sources

Laureano, B. (2020). "What is sex positivity" Prism
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Senderowicz, Leigh. (2020). Contraceptive Autonomy: Conceptions and Measurement of a Novel Family Planning Indicator. *Studies in Family Planning*. Vol 51 (2). Pages 161 – 176 <https://doi.org/10.1111/sifp.12114>

Readings and Sources

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Readings and Sources

#CripplingSocialWork Why Disability is a Social Work Issue.
July 21, 2020.

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Talia “TL” Lewis Defining Ableism in conversation with Disabled Black and other negatively racialized folk, especially Dustin Gibson; updated January 2020.

<https://www.talilalewis.com/blog/ableism-2020-an-updated-definition>