

Something for the Pain – Season 3

Show Notes: Episode 23: Surveying Substance Use Disorder: Marijuana

Featuring: Michelle Cullinan, PMHNP, Psychiatric Nurse Practitioner, Sage Health Care, Boise

Didactic Presentation Details

- Didactic Presenter: Michelle Cullinan, PMHNP, Psychiatric Nurse Practitioner, Sage Health Care, Boise
- Didactic Presentation Title: “What is Going on with Cannabis and CBD?”
- Didactic Presentation Date: Nov. 16, 2022
- ECHO Idaho Series: Behavioral Health in Primary Care
- Didactic Presentation Video: <https://youtu.be/hqCr6-VX1ak>

Resources and Publications Mentioned

- CBD : cannabidiol, a compound found in marijuana
- THC : tetrahydrocannabinol, a compound found in marijuana
- Marinol: an FDA-approved medication used to treat nausea and vomiting from chemotherapy as well as weight loss in HIV patients.
- Emetic: a substance that causes vomiting
- Sativa: the energizing strain of marijuana
- Indica: physically sedating strain of marijuana
- OLCC: Oregon Liquor and Cannabis Commission: <https://www.oregon.gov/olcc/Pages/default.aspx>
- Zyprexa (olanzapine): <https://www.drugs.com/zyprexa.html>
- Haldol (haloperidol) : <https://www.drugs.com/mtm/haldol.html>
- Antileptic carbamazepine: <https://medlineplus.gov/druginfo/meds/a682237.html>
- Aripiprazole: <https://medlineplus.gov/druginfo/meds/a603012.html>
- AKT-1 gene variation
- Gabapentin: <https://medlineplus.gov/druginfo/meds/a694007.html>
- NAC: N-Acetyl Cysteine: <https://www.webmd.com/vitamins-and-supplements/n-acetyl-cysteine-uses-and-risks>
- “bud-tender”: a cannabis dispensary employee

Speaking Credits:

- Narrator / Host: Sam Steffen, Digital Media/Communications Specialist, ECHO Idaho, Boise
- Speaker: Shannon McDowell, ECHO Idaho Program Manager
- Speaker: Michelle Cullinan, PMHNP, Psychiatric Nurse Practitioner, Sage Health Care, Boise
- Speaker: Tara Whitaker, MD, Family Medicine Physician, Capital City Family Medicine, Boise
- Speaker: Rachel Root, PhD, Psychologist, Treasure Valley Psychology, Boise
- Speaker: Neil Ragan, MD, Health West, Pocatello; ECHO Idaho participant
- Speaker: Mark Worthen, PsyD, Health West, Pocatello; ECHO Idaho participant

Music Contributions:

- “ECHO Idaho Theme Song” written and performed by Sam Steffen
- Guitar instrumentals also provided by Sam Steffen