

## ***Something for the Pain – Season 3***

### **Show Notes: Episode 26: Surveying Substance Use Disorder: Kratom**

**Featuring:** Anushka Burde, PharmD, AAHIVP, BCACP, HIV and Ambulatory Care Pharmacist, Idaho State University

#### Didactic Presentation Details

- Didactic Presenter: Anushka Burde, PharmD, AAHIVP, BCACP, HIV and Ambulatory Care Pharmacist, Idaho State University
- Didactic Presentation Title: “Kratom: What Clinicians Need to Know”
- Didactic Presentation Date: Dec. 7, 2022
- ECHO Idaho Series: Behavioral Health in Primary Care
- Didactic Presentation Video: <https://youtu.be/HN1YOCWNsfs>

#### Resources and Publications Mentioned

- Mitragyna speciosa: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6473843/>
- Antipyretic: meaning, “used to prevent or reduce fever.”
- Antitussive: meaning, “used to prevent or relieve a cough.”
- Warfarin: <https://medlineplus.gov/druginfo/meds/a682277.html>
- Dextromethorphan: <https://medlineplus.gov/druginfo/meds/a611048.html>
- P-glycoprotein: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3762612/>
- Clarithromycin: <https://medlineplus.gov/druginfo/meds/a692005.html>
- Erythromycin: <https://medlineplus.gov/druginfo/meds/a682381.html>
- The “two big organizations” that resisted the FDA’s Aug. 2016 proposal to make kratom a controlled substance included the American Kratom Association and the Botanical Education Alliance: <https://www.uspharmacist.com/article/the-dea-changes-its-mind-on-kratom>
- Madarosis: loss of the eyelashes or eyebrows as a congenital condition or the result of an infection.
- Diaphoresis: sweating to an unusual degree, usually as a side effect of a drug.
- Acetylcysteine: <https://medlineplus.gov/druginfo/meds/a615021.html>

#### Speaking Credits:

- Narrator / Host: Sam Steffen, Digital Media/Communications Specialist, ECHO Idaho, Boise
- Speaker: Anushka Burde, PharmD, AAHIVP, BCACP, HIV and Ambulatory Care Pharmacist, Idaho State University
- Speaker: Shannon McDowell, ECHO Idaho Program Manager
- Speaker: Coire Weathers, M.D., Psychiatrist, Lost River Wellness, Boise
- Speaker: Neil Ragan, M.D., Health West, Pocatello, ECHO Participant
- Speaker: Brian Crownover, M.D., ECHO Idaho participant

#### Music Contributions:

- “ECHO Idaho Theme Song” written and performed by Sam Steffen
- Guitar instrumentals also provided by Sam Steffen