

Something for the Pain – Season 3

Show Notes: Episode 27: Surveying Substance Use Disorder: Psilocybin

Featuring: Natalie Gukasyan, MD, Psychiatrist and Medical Director, Johns Hopkins University Center Psychedelic and Consciousness Research, Baltimore, MD

Didactic Presentation Details

- Didactic Presenter: Natalie Gukasyan, MD, Psychiatrist and Medical Director, Johns Hopkins University Center Psychedelic and Consciousness Research, Baltimore, MD
- Didactic Presentation Title: “Psychedelic-Assisted Therapy: Overview of Treatment Model and Current Evidence for Efficacy”
- Didactic Presentation Date: June 2, 2021
- ECHO Idaho Series: Behavioral Health in Primary Care
- Didactic Presentation Video: <https://youtu.be/STcHZ3wYm9A>

Resources and Publications Mentioned

- Johns Hopkins Center for Psychedelic and Consciousness Research: <https://hopkinspsychedelic.org/>
- Usona Institute: <https://www.usonainstitute.org/>
- Humphry Osmond: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC381240/>
- Entheogen: <https://www.sciencedirect.com/topics/neuroscience/entheogen>
- LSD: lysergic acid diethylamide
- DMT: dimethyltryptamine
- MDMA: methylenedioxymethamphetamine
- Ayahuasca: <https://adf.org.au/drug-facts/ayahuasca/#:~:text=What%20is%20ayahuasca%3F,not%20exist%20or%20are%20distorted>
- MAPS (Multidisciplinary Association for Psychedelic Studies): <https://maps.org/mdma/>
- Controlled Substances Act: [https://www.dea.gov/drug-information/csa#:~:text=The%20Controlled%20Substances%20Act%20\(CSA,and%20safety%20or%20dependence%20liability](https://www.dea.gov/drug-information/csa#:~:text=The%20Controlled%20Substances%20Act%20(CSA,and%20safety%20or%20dependence%20liability)
- Ketanserin: <https://www.sciencedirect.com/topics/medicine-and-dentistry/ketanserin>
- Claustrum: “part of the brain that connects the pre-frontal and the sub-cortical areas”
- Albert Hofmann: <https://www.britannica.com/biography/Albert-Hofmann>
- Tim Leary: https://en.wikipedia.org/wiki/Timothy_Leary
- Rick Strassman: https://en.wikipedia.org/wiki/Rick_Strassman
- Ham-D score: an abbreviation for the Hamilton Depression Rating Scale: https://en.wikipedia.org/wiki/Hamilton_Rating_Scale_for_Depression
- Niacin: aka vitamin B3: <https://ods.od.nih.gov/factsheets/Niacin-HealthProfessional/>
- Lexapro (escitalopram): <https://www.webmd.com/drugs/2/drug-63990/lexapro-oral/details>

Speaking Credits:

- Narrator / Host: Sam Steffen, Digital Media/Communications Specialist, ECHO Idaho, Boise
- Speaker: Natalie Gukasyan, MD, Psychiatrist and Medical Director, Johns Hopkins University Center Psychedelic and Consciousness Research, Baltimore, MD

- Speaker: Lachelle Smith, former ECHO Idaho director
- Speaker: Tara Whitaker, MD, Family Medicine physician at Capital City Family Medicine, Boise
- Speaker: Nancy Chaney, RN, Moscow, and ECHO Idaho participant

Music Contributions:

- “ECHO Idaho Theme Song” written and performed by Sam Steffen
- Guitar instrumentals also provided by Sam Steffen