

## SYLLABUS

### Brown Bag Webinar Series: Facing Emotional Distress in Health Professionals Session 3: It Takes a Village

**Date:** Wednesday, April 20, 2022

**Time:** 12:00 PM - 1:30 PM

**Location:** Virtual Conference Room

**Learning Format:** Online

**Presentation and Speaker Information:**

- Monica Kurz, LMSW - Kansas Suicide Prevention Resource Center
- Meagan Dwyer, PhD - University of Kansas Medical Center
- Courtney Cyzman, BSW, JD – Kansas State Board of Healing Arts
- Heidi McNeely, PhD, RN, PCNS-BC

**Program Series Overview:**

This webinar series is specifically designed for organization management and leadership teams from health care, long-term care, behavioral health, and public health, to examine the many factors contributing to emotional distress and identify resources to build a culture of mental wellness. Join us as we navigate this journey in efforts to cultivate compassionate leadership.

**Series Objectives:**

- Identify mechanisms to assess organizational culture.
- Determine factors that contribute to mental stress of health care professionals.
- Utilize tools for early identification and intervention.
- Implement a structure to help support the mental well-being of health care professionals.

**Accreditation Statement:**

- The University of Kansas Medical Center Office of Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



**Credit Designation:**

- **Physicians:** The University of Kansas Medical Center Office of Continuing Medical Education designates this live activity for a maximum of 1.5 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- **Social Workers:** The University of Kansas Medical Center Area Health Education Center East, as an approved provider of continuing education by the Kansas Behavioral Sciences Regulatory Board presents this offering for a maximum of 1.5 hour(s) credit applicable for relicensure of LASWs, LBSWs, LMSWs and LSCSWs. Kansas Provider Number 12-002. Mary Beth Warren, MS, RN, coordinator.
- **ACHA - Administrative Care:** The University of Kansas Medical Center Area Health Education Center as an approved Long Term Sponsor of continuing education activities for Adult Care Home Administrators by the Kansas Department for Aging and Disability Services, presents this offering for 1.5 clock hour(s) Administrative credit for relicensure. Kansas Sponsorship Number LTS-A0008.
- **APRNs/Registered Nurses:** The University of Kansas Medical Center Area Health Education Center East is approved as a provider of CNE by the Kansas State Board of Nursing. This course offering is approved for 1.8 contact hours applicable for APRN or RN relicensure. Kansas State Board of Nursing provider number: LT0056-0749. Mary Beth Warren, MS, RN, Coordinator.
- **EMS:** The University of Kansas Health System, as an approved program provider by the Kansas Board of EMS, approves this program for continuing education. Provider #PP 5000. Ray Pettigrew, BSN, RN, CCRN-CSC, CAPA, CPAN, Coordinator.  
Credit will be awarded based upon attending each 1.5 hour session in its entirety.

**Attendance requirement for nurses and social workers:** Credit will be awarded based upon documented attendance at individual presentations.

Participants must attend individual sessions in their entirety to receive credit.

All others may receive a certificate of attendance upon request.

**Event Disclosures:****Speakers:**

**The following presenters report no relationships of a financial, professional or personal nature with ineligible companies over the past 24 months:**

Courtney Cyzman, BSW, JD, Megan Kelly, DNP, RN, Monica Kurz, LMSW, and Heidi McNeely, PhD, RN, PCNS-BC

**Planners and other Administrative Support:**

**The following planning committee members report no relationships of a financial, professional or personal nature with ineligible companies over the past 24 months:**

Mary Warren, RN, MS, RN, Karen Aufdemberge, RN, Monica Kurz, LMSW, and Lisa Stouffer

**Resolution of Conflict of Interest**

A conflict of interest, or a potential for bias, exists if an individual/entity in a position to benefit financially from the success of a continuing education activity is also in a position to influence its content, design, or implementation. For this continuing education activity, conflict of interest was resolved and successful resolution of conflict of interest will be validated through the implementation of the following mechanisms.

- All financial relationships were disclosed and resolved prior to everyone's participation in the planning, development, and implementation of this activity.
- Prior to participating in this activity, everyone in a position to influence its content, design or implementation received our terms and conditions regarding conflict of interest expectations and they agreed to comply.
- Speakers were selected based upon a review of their qualifications and an assessment of their ability to present the best available evidence accepted in health care practice.
- Clinical content was validated by a review of the activity for fair balance and bias, appropriate patient treatment recommendations, and whether scientific studies cited in the activity conform to standards accepted by the scientific community.
- Oversight will be maintained by monitoring the planning, development, and implementation of this continuing education activity.
- Disclosure of all financial relationships will be provided to the participants prior to the activity.
- Participants will evaluate the activity's success in resolving conflict of interest and providing an activity free of bias.

**Product Disclosures**

Unless otherwise announced prior to the session or listed below, this activity does not include any information about off-label use of a product for a purpose other than that for which it was approved by the Food and Drug Administration (FDA).

**Commercial Support:**

This activity is not commercially supported.

**Noncommercial Sponsor Support** There is no noncommercial sponsor support for this CE activity.

**Other Comments:**

**To receive credit or a certificate of attendance, individuals must enter the attendee activity code and complete the evaluation online in "eeds" by the deadline noted. The attendee activity code and deadline will be announced at each session.**

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