

Supervisor–Supervisee Boundaries

A supervisor begins to notice that a supervisee often shares very personal details about their own mental health struggles during supervision. While the supervisor wants to be supportive, the supervisee is not seeking outside therapy and increasingly uses supervision as a substitute for counseling.

Discussion Prompt: - How should the supervisor set appropriate boundaries while maintaining trust? - What are the ethical obligations regarding supervisee well-being versus the purpose of supervision? - Should the supervisor refer the supervisee for personal therapy?