

## Psych Advice for the Pediatric Primary Care Provider

### Identifying and treating oppositional defiant disorder, conduct disorder, and disruptive mood dysregulation disorder

Laura Stone, MD

#### Registration Information

To receive CME credit, participants need to:

- Register
- View presentation
- Take quiz and obtain 80% (4 out of 5) to pass
- Complete evaluation
- Print certificate

Participants should take 1 hour to complete the activity.  
Participants may work at their own pace.

#### Teaching Methods

This online enduring material uses the following teaching methods and media:

1. Lecture (audio/videotaped)
2. PowerPoint Presentation

#### Acknowledgements of Commercial Support

There is no commercial/financial support for this activity.

#### CME Enduring Material Description, Target Audience and Needs Statement

This online educational enduring material is designed for physicians and clinical staff. Its purpose is to bridge the gap between the medical knowledge and current practice with evidence based practice guidelines to achieve optimal patient outcomes through discussions and examinations of interesting, real world cases seen in the pediatrician's office.

#### Objectives

At the end of this online enduring material, participants should be able to:

- Distinguish between symptoms of oppositional defiant disorder (ODD), conduct disorder (CD), and disruptive mood dysregulation disorder (DMDD)
- Review the rules of diagnosing and the association between ODD, CD, and DMDD
- Identify pharmacologic and non-pharmacologic treatment options for ODD, CD, and DMDD

#### For Further Study

psychiatry.org  
DSM-5-TR

#### Disclosure

In compliance with the Accreditation Council for

Continuing Medical Education (ACCME) Standards for Commercial Support, all presenters, authors and planners must disclose to the participants of an educational activity any relevant financial relationships they may have with an ineligible company, *i.e., any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients* related to the content of this CME activity.

The course director, **Mili Khandheria, MD & Nithya Mani, MD**, has no relevant financial relationships with an ineligible company related to the content of this CME activity.

The moderators, **Mili Khandheria, MD & Nithya Mani, MD**, has no relevant financial relationships with ineligible companies related to the content of this CME activity to disclose

The speaker, **Laura Stone, MD**, has no relevant financial relationships with ineligible companies related to the content of this CME activity to disclose

The CME planners and staff have no relevant financial relationships with an ineligible company related to the content of this CME activity.

#### Credit Designation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Texas Medical Association (TMA) through the joint providership of Children's Health<sup>SM</sup> and Texas Child Mental Health Care Consortium. The Children's Health is accredited by TMA to provide continuing medical education for physicians.

The Children's Health designates this enduring material for a maximum of *1.0 AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### Release and Termination Dates

Original release date: December 14, 2022  
Review date: December 14, 2022  
Termination date: December 14, 2025

#### Hardware/Software Requirements

Internet; Media Player; Audio

#### For more information or questions

CME: 214-456-5168 or CME@Childrens.com