

# Andrew's Institute Sports Medicine Lecture Series "General Medicine/Sports Medicine: Joint Pain/Dermatology & Sports" Fabien Arous, MD

#### **Registration Information**

To receive CME credit, participants need to:

- Register
- View presentation
- Take quiz and obtain 80% (4 out of 5) to pass
- Complete evaluation
- Print certificate

Participants should take 45 minutes to complete the activity. Participants may work at their own pace.

# **Teaching Methods**

This online enduring material uses the following teaching methods and media:

- Lecture (audio/videotaped)
- · PowerPoint Presentation

#### **Acknowledgements of Commercial Support**

There is no commercial/financial support for this activity.

## CME Enduring Material Description, Target Audience and Needs Statement

Sports medicine is an evolving discipline in which experience of a multigenerational factor can shed new information and knowledge on how to properly identify, manage and prevent common injury types seen in sports medicine today. This online educational enduring material is designed for physicians and clinical staff. Its purpose is to bridge the gap between the medical knowledge and current practice with evidence-based practice guidelines to achieve optimal patient outcomes through discussions and examinations of interesting, real world cases.

#### **Objectives**

At the end of this online enduring material, participants should be able to:

- Discuss important information to gather when approaching joint pain.
- Review the differential diagnosis and etiology of joint pain.
- Review of inflammatory vs non-inflammatory joint pain and monoarthritis vs polyarthritis.

#### **For Further Study**

- •Diagnostic Approach to Polyarticular Joint Pain. ANNA MIES RICHIE, M.D., and MARK L. FRANCIS, M.D. Southern Illinois University School of Medicine, Springfield, Illinois
- •KlinkhoffA. Rheumatology: 5. Diagnosis and management of inflammatory polyarthritis.CMAJ. 2000;162:1833–8.
- •AgudeloCA, Wise CM. Gout: diagnosis, pathogenesis, and clinical manifestations. CurrOpinRheumatol2001;13:234-9.
- •El-GabalawyHS, DurayP, Goldbach-ManskyR. Evaluating patient with arthritis of recent onset: studies in pathogenesis and prognosis. JAMA 2000;284:2368-73.

• Woolf AD, AkessonK. Primer: history and examination in the assessment of musculoskeletal problems. Nat Clin PractRheumatol. 2008 Jan. 4(1):26-33

#### **Disclosure**

In compliance with the Accreditation Council for Continuing Medical Education (ACCME) Standards for Integrity and Independence, all presenters, authors and planners must disclose to the participants of an educational activity any relevant financial relationships they may have with an ineligible company, (i.e., any entity whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients) related to the content of this CME activity.

The Course director, Troy Smurawa, MD, has no relevant financial relationships with an ineligible company related to the content of this CME activity.

The speaker, Fabien Arous, MD has no relevant financial relationships with an ineligible company related to the content of this CME activity.

The CME planners and staff have no relevant financial relationships with an ineligible company related to the content of this CME activity.

## **Credit Designation Statement**

The Children's Health is accredited by the Texas Medical Association to provide continuing medical education for physicians.

The Children's Health designates this enduring material for a maximum of . 7 5 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## **Release and Termination Dates**

Original release date: March 27, 2023 Review date: March 21, 2023 Termination date: March 27, 2026

### **Hardware/Software Requirements**

Internet; Media Player; Audio

## For more information or questions

CME: 214-456-5168 or CME@Childrens.com