

Andrew's Institute Sports Medicine Lecture Series “Osteochondritis Dissecans of the Knee” John Roaten, MD

Registration Information

To receive CME credit, participants need to:

- Register
- View presentation
- Take quiz and obtain 80% (4 out of 5) to pass
- Complete evaluation
- Print certificate

Participants should take 60 minutes to complete the activity. Participants may work at their own pace.

Teaching Methods

This online enduring material uses the following teaching methods and media:

- Lecture (audio/videotaped)
- PowerPoint Presentation

Acknowledgements of Commercial Support

There is no commercial/financial support for this activity.

CME Enduring Material Description, Target Audience and Needs Statement

Sports medicine is an evolving discipline in which experience of a multigenerational factor can shed new information and knowledge on how to properly identify, manage and prevent common injury types seen in sports medicine today. This online educational enduring material is designed for physicians and clinical staff. Its purpose is to bridge the gap between the medical knowledge and current practice with evidence-based practice guidelines to achieve optimal patient outcomes through discussions and examinations of interesting, real world cases.

Objectives

At the end of this online enduring material, participants should be able to:

- Discuss important information to gather when approaching joint pain.
- Review the differential diagnosis and etiology of joint pain.
- Review of inflammatory vs non-inflammatory joint pain and monoarthritis vs polyarthritis.

For Further Study

Heyworth and Kocher. Osteochondritis Dissecans of the Knee. JBJS Review. 2015

Masquijo, Kothari A. Juvenile osteochondritis dissecans (JOCD) of the knee: current concepts review. *EFORT Open Rev.* May 2019;4(5):201-212. doi:10.1302/2058-5241.4.180079

Kessler JJ, NikizadH, Shea KG, Jacobs JC, Jr., BechukJD, Weiss JM. The demographics and epidemiology of osteochondritis dissecans of the knee in children and adolescents. *Am J Sports Med.* Feb 2014;42(2):320-6. doi:10.1177/0363546513510390

Rebecca Davies. **Regenerative Medicine: A Review of the Evolution of Autologous Chondrocyte Implantation (ACI) Therapy.** Bioengineering. 2019

Carey JL, Shea KG, Lindahl A, VasiliadisHS, Lindahl C, Peterson L. Autologous Chondrocyte Implantation as Treatment for Unsalvageable Osteochondritis Dissecans: 10-to 25-Year Follow-up. *Am J Sports Med.* Apr 2020;48(5):1134-1140. doi:10.1177/0363546520908588

Disclosure

In compliance with the Accreditation Council for Continuing Medical Education (ACCME) Standards for Integrity and Independence, all presenters, authors and planners must disclose to the participants of an educational activity any relevant financial relationships they may have with an ineligible company, (i.e., any entity whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients) related to the content of this CME activity.

The Course director, Troy Smurawa, MD, has no relevant financial relationships with an ineligible company related to the content of this CME activity.

The speaker, John Roaten, MD has no relevant financial relationships with an ineligible company related to the content of this CME activity.

The CME planners and staff have no relevant financial relationships with an ineligible company related to the content of this CME activity.

Credit Designation Statement

The Children's Health is accredited by the Texas Medical Association to provide continuing medical education for physicians.

The Children's Health designates this enduring material for a maximum of 1 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Release and Termination Dates

Original release date: April 24, 2023

Review date: March 21, 2023

Termination date: April 24, 2026

Hardware/Software Requirements

Internet; Media Player; Audio

For more information or questions

CME: 214-456-5168 or CME@Childrens.com