

# **Psych Advice for the Pediatric Primary Care Provider**

# Management of Pediatric Mental Health Concerns Across School and Primary Care Settings Nithya Mani, MD & Puja Patel, PhD

## **Registration Information**

To receive CME credit, participants need to:

- Register
- View presentation
- Take quiz and obtain 80% (4 out of 5) to pass
- Complete evaluation
- Print certificate

Participants should take 1 hour to complete the activity. Participants may work at their own pace.

# **Teaching Methods**

This online enduring material uses the following teaching methods and media:

- 1. Lecture (audio/videotaped)
- 2. PowerPoint Presentation

# **Acknowledgements of Commercial Support**

There is no commercial/financial support for this activity.

# CME Enduring Material Description, Target Audience and Needs Statement

This online educational enduring material is designed for physicians and clinical staff. Its purpose is to bridge the gap between the medical knowledge and current practice with evidence based practice guidelines to achieve optimal patient outcomes through discussions and examinations of interesting, real world cases seen in the pediatrician's office.

#### **Objectives**

At the end of this online enduring material, participants should be able to:

- Explain the types of mental health accommodations available within a school setting for different diagnoses.
- Discuss types of school based interventions for specific diagnoses.
- Identify specific ways PCPs can coordinate with school staff to care for students with mental health issues.

# **For Further Study**

https://tea.texas.gov / academics/specia1-student-populations/specia1-education

#### **Disclosure**

In compliance with the Accreditation Council for Continuing Medical Education (ACCME) Standards for

Commercial Support, all presenters, authors and planners must disclose to the participants of an educational activity any relevant financial relationships they may have with an ineligible company, *i.e.*, any entity producing, marketing, reselling, or distributing health care goods or services consumed by, or used on, patients related to the content of this CME activity.

The course director, **Mili Khandheria**, **MD & Nithya Mani**, **MD**, has no relevant financial relationships with an ineligible company related to the content of this CME activity.

The moderators, **Mili Khandheria**, **MD & Nithya Mani**, **MD**, has no relevant financial relationships with ineligible companies related to the content of this CME activity to disclose

The speakers, **Nithya Mani, MD and Puja Patel, PhD,** has no relevant financial relationships with ineligible companies related to the content of this CME activity to disclose

The CME planners and staff have no relevant financial relationships with an ineligible company related to the content of this CME activity.

## **Credit Designation Statement**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Texas Medical Association (TMA) through the joint providership of Children's Health⁵™ and Texas Child Mental Health Care Consortium. The Children's Health is accredited by TMA to provide continuing medical education for physicians.

The Children's Health designates this enduring material for a maximum of 1.0 AMA PRA Category 1 Credit<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## **Release and Termination Dates**

Original release date: September 13, 2023 Review date: September 13, 2023 Termination date: September 13, 2026

## **Hardware/Software Requirements**

Internet; Media Player; Audio

# For more information or questions

CME: 214-456-5168 or CME@Childrens.com