

# Andrew's Institute Sports Medicine Lecture Series "Fundamentals of Golf Terminology and Biomechanics" Chris Tak, PT, DPT, SCS

#### **Registration Information**

To receive CME credit, participants need to:

- Register
- View presentation
- Take quiz and obtain 80% (4 out of 5) to pass
- Complete evaluation
- Print certificate

Participants should take 60 minutes to complete the activity. Participants may work at their own pace.

#### **Teaching Methods**

This online enduring material uses the following teaching methods and media:

- Lecture (audio/videotaped)
- PowerPoint Presentation

#### **Acknowledgements of Commercial Support**

There is no commercial/financial support for this activity.

# CME Enduring Material Description, Target Audience and Needs Statement

Sports medicine is an evolving discipline in which experience of a multigenerational factor can shed new information and knowledge on how to properly identify, manage and prevent common injury types seen in sports medicine today. This online educational enduring material is designed for physicians and clinical staff. Its purpose is to bridge the gap between the medical knowledge and current practice with evidence-based practice guidelines to achieve optimal patient outcomes through discussions and examinations of interesting, real-world cases.

#### **Objectives**

At the end of this online enduring material, participants should be able to:

- Review basic and advanced golf terminology.
- Review tools for analysis.
- Discuss the biomechanics of the set-up, backswing, downswing, impact, and follow-through.

#### For Further Study

Glass, J. (2024, July 13). Advanced Screening: How I Use the TPI Screen. TPI. Retrieved from

https://www.mytpi.com/articles/fitness/advanced-screening-how-i-use-the-tpi-screen

Additional references are available in the presentation.

#### Disclosure

In compliance with the Accreditation Council for Continuing Medical Education (ACCME) Standards for Integrity and Independence, all presenters, authors and planners must disclose to the participants of an educational activity any relevant financial relationships they may have with an ineligible company, (i.e., any entity whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients) related to the content of this CME activity.

The Course director, Troy Smurawa, MD, has no relevant financial relationships with an ineligible company related to the content of this CME activity.

The speaker, Chris Tak, PT, DPT, SCS has no relevant financial relationships with an ineligible company related to the content of this CME activity.

The CME planners and staff have no relevant financial relationships with an ineligible company related to the content of this CME activity.

### **Credit Designation Statement**

The Children's Health is accredited by the Texas Medical Association to provide continuing medical education for physicians.

The Children's Health designates this enduring material for a maximum of . 7 5 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### **Release and Termination Dates**

Original release date: August 12, 2024

Review date: August 2, 2024 Termination date: August 12, 2027

## **Hardware/Software Requirements**

Internet; Media Player; Audio

#### For more information or questions

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