Andrew's Institute Sports Medicine Lecture Series
"My Evolution in Managing SLAP Lesions Over the Past 40 Years"
James Andrews, MD

Registration Information

To receive CME credit, participants need to:

- Register
- View presentation
- Take quiz and obtain 80% (4 out of 5) to pass
- Complete evaluation
- Print certificate

Participants should take 45 mins to complete the activity. Participants may work at their own pace.

Teaching Methods

This online enduring material uses the following teaching methods and media:

- Lecture (audio/videotaped)
- PowerPoint Presentation

Acknowledgements of Commercial Support

There is no commercial/financial support for this activity.

CME Enduring Material Description, Target Audience and Needs Statement

Sports medicine is an evolving discipline in which experience of a multigenerational factor can shed new information and knowledge on how to properly identify, manage and prevent common injury types seen in sports medicine today. This online educational enduring material is designed for physicians and clinical staff. Its purpose is to bridge the gap between the medical knowledge and current practice with evidence-based practice guidelines to achieve optimal patient outcomes through discussions and examinations of interesting, real-world cases.

Objectives

At the end of this online enduring material, participants should be able to:

- Discuss the ulnar collateral ligament exam and diagnostic testing.
- Describe the "Tommy John" Reconstruction Technique.
- Recognize the different diagnosis of elbow injuries in throwers.

For Further Study

- Pappas AM, Goss TP, Kleinman PK. Symptomatic shoulder instability due to lesions of the glenoid labrum. Am J Sports Med. 1983 Sep-Oct;11(5):279-88. doi: 10.1177/036354658301100501. PMID: 6638242.
- Andrews JR, Carson WG Jr, McLeod WD. Glenoid labrum tears related to the long head of the biceps. Am J Sports Med. 1985 Sep-Oct;13(5):337-41. doi: 10.1177/036354658501300508. PMID: 4051091.
- Snyder SJ, Karzel RP, Del Pizzo W, Ferkel RD, Friedman MJ. SLAP lesions of the shoulder. Arthroscopy. 1990;6(4):274-9. doi: 10.1016/0749-8063(90)90056-j. PMID: 2264894.
- Burkhart SS, Morgan CD. The peel-back mechanism: its role in producing and extending posterior type II SLAP lesions and its effect on SLAP repair rehabilitation. Arthroscopy. 1998 Sep;14(6):637-40. doi: 10.1016/s0749-8063(98)70065-9. PMID: 9754487.
- Uggen C, Wei A, Glousman RE, ElAttrache N, Tibone JE, McGarry MH, Lee TQ. Biomechanical comparison of knotless anchor repair versus simple suture repair for type II SLAP lesions. Arthroscopy. 2009 Oct;25(10):1085-92. doi: 10.1016/j.arthro.2009.03.022. Epub 2009 Aug 22. PMID: 19801286.
- Gilliam BD, Douglas L, Fleisig GS, Aune KT, Mason KA, Dugas JR, Cain EL Jr, Ostrander RV, Andrews JR. Return to Play and Outcomes in Baseball Players After Superior Labral Anterior-Posterior Repairs. Am J Sports Med. 2018 Jan;46(1):109-115. doi: 10.1177/0363546517728256. Epub 2017 Sep 25. PMID: 28942657.

Disclosure

In compliance with the Accreditation Council for Continuing Medical Education (ACCME) Standards for Integrity and Independence, all presenters, authors and planners must disclose to the participants of an educational activity any relevant financial relationships they may have with *an ineligible company, (i.e., any entity whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients)* related to the content of this CME activity.

The course director, Troy Smurawa, MD, has no relevant financial relationships with an ineligible company related to the content of this CME activity.

The speaker, James Andrews, MD, has no relevant financial relationships with an ineligible company to disclose.

The CME planners and staff have no relevant financial relationships with an ineligible company related to the content of this CME activity.

Credit Designation Statement

The Children's Health is accredited by the Texas Medical Association to provide continuing medical education for physicians.

The Children's Health designates this enduring material for a maximum of *.50 AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Release and Termination Dates

Original release date: March 28, 2022
Review date: January 19, 2026
Termination date: January 8, 2029

Hardware/Software Requirements

Internet; Media Player; Audio

For more information or questions

CME: 214-456-5168 or CME@Childrens.com